BA/BFA Senior Honors Book Gallery

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Bitter Homes and Gardens

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END READER INPUT
JAR UP YOUR LIFE

Ideas

Jar up your life
Wasting money on those little household items? Use an everyday object to satisfy those wants and needs, like a jar!

1. Penny Saver

It’s a piggy bank right out of the refrigerator!
JAR UP YOUR LIFE

2. SET THE TABLE
Set the table with jars! A jar can be a bowl, a glass, a serving dish, and can even be used for leftovers! It is a cheap way to get all the dishes you need and also gives your kitchen a fun theme!

3. SHINE SOME LIGHT
Jars can make great homes for candles. Tall or small!

4. NEED A PEN?
You can find one in the jar on the counter. Jars can be great organizers.

5. WORK OF ART
Need a center piece? No problem! A handful of jars arranged in a fun design, add some flowers and candles and you have a masterpiece!

6. HOME SWEET HOME
Use that old sauce jar to home the family pet!

7. SWEET TOOTH
Candy dishes are always fun! Put your favorite candy in a jar for those special cravings.

8. COOKIE JAR
Go back to the traditional cookie jar!

RED AND YELLOW SOUP
Am vulputpat, vullan ut ipis nonsendre dio dit lan ex eros num non nummy numsan ex ea faci blandio
START TO FINISH: 15 minutes
INGREDIENTS
2 bottles of Ketchup
1 bottle of Dijon Mustard
½ cup of mayonnaise
4 cups of water
1 package of Ramen
dash of pepper to taste
PREPARATION
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Makes 4 servings
EACH SERVING:
334 cal, 10 g fat (10 sat. fat), 111 mg chol, 1102 mg sodium, 20 g carbo, 2 g pro. Daily Values:
11% vit A, 10% vit C, 2% calcium, 30% iron.

RADIOACTIVE DIP
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START TO FINISH: 5 minutes
INGREDIENTS
1 cup of Ketchup
1 cup of Dijon Mustard
½ cup of mayonnaise
½ cup of relish
veggies, crackers, or bread for dipping
PREPARATION
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FEELING FANCY?
MAKE YOUR OWN KETCHUP!
INGREDIENTS
home grown tomatoes
corn syrup
vinegar
salt
onion spice
PREP: Dupquismon hendre dit wis et, si. Qus commond laubere canse magniss numpute magniometum nos ad mis hemt wis atsit ait wis.
Fun With Condiments

Instead of those high priced frames use a jar to hold your precious memories. The more jars, the more memories!
**10. ADD SOME COLOR**

Flowers can always help bring color to the room and why add to that expense? Instead of going to the store, use that old jelly jar that had been taken up space in the recycle bin.

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modo doluptat.

**SEE ALL THE ANGLES**

Have a small family room? Not a problem! With the use of mirrors your small space can be transformed into a great family bonding experience!
MAKE YOUR OWN BIG SCREEN
A great way to magnify your experience without maximizing your expenses is to simply pull the binoculars!

REACH OUT
Are you batteries dead again? Feel like you don’t have the money to purchase batteries? No need to waste your money, grab a stick from your backyard.

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indoors

NEW WAYS FOR FAMILIY DAYS

Improve your entertainment with a few cheap tricks!

UPGRADE THE CHEAP WAY

Don’t let society’s expenses tear your family apart.

REACH OUT

MAKE YOUR OWN...

ALL ANGLES

family matters
Healthy You

Fitnes

No Carb Diet
Tree bark and other wild plants are hard for the human body to digest. These make the perfect snack when on a diet, and you can find them in the backyard.

Exercise Attire
Yoga clothes are getting too pricey for your budget. Eliminate that cost by wearing clothes you may find by the side of the road. Try to find items that seem gently used. Pre-owned clothes are great for exercising because they are already broken in.

Easy-To-Afford Treadmills
Now that you no longer have expensive exercise equipment, you’ve got to be more creative! Here’s how to use your imagination to own the treadmill of your dreams.

- Start by picking a spot in an open room of the house
- Begin to run in place
- If a family member walks by and asks you what you are doing, simply reply, “I’m clearly using my new treadmill!” This will help you to believe in your illusion.

Throughout the ages, there have been debates about the mantra to follow: “reduce, reuse, recycle” or “a cluttered home breeds a cluttered mind.” In today’s economic climate, we can all be sure of one thing, though: we all need to do what we can to stay afloat in spite of our losses.

To some, that means they can’t throw anything out, saving even the lowest breadcrumb lest it be needed in absentia. To others, today is purging time: by getting rid of everything inessential to their survival, they can concentrate better on the most important things in life, from finding a job to organizing their coupons.

In the space pictured to the left, as you can no doubt see, the former CEO has abandoned his life of luxury for a more simplistic existence. Gone are most of his material possessions, leaving only two sets of clothes, a sleeping bag, and a book: “Go Put Your Strengths To Work” by Marcus Buckingham. After his wife of more than thirty years forced him out of their suburban home, he took a temporary job supervising a residence hall at a community college in rural Oklahoma.
indoors PACK RAT

SURVIVAL
Turning your home into a metaphorical dumpster does have its advantages: for one, you have everything you’ll really need to survive.

THIS SPACE
This particular space, owned by a famous housekeeping icon with a background of insider trading who asked to remain anonymous due to sheer embarrassment, is a prime example of how much people can collect when they put their minds to it.

HARNESSING YOUR INNER CLUTTER MONSTER
These quick steps can make it much easier for anyone to become a class-A pack rat.
• Anytime you are about to throw something out, ask yourself this one simple question: does one plus one equal two? If so, don’t throw it out.
• If you see your friends or neighbors throwing something out, offer to do it for them. Once they are gone, refer to the previous step.

healthy you
Gym at Home

Now that you have no money for gym memberships, or even gym equipment, you can make use of household items.

PUMPING IRON-ING BOARD
15-20 reps with your ironing board is the perfect bicep exercise! Just lift with your legs, and not your back. Also, do not try to lift heavier things like the couch.
BUYING TIPS
When buying paperclips, don’t immediately go for the plain silver ones. The colored clips may be a bit more expensive, but it is well worth it when they can double as an accessory!

PAPERCLIP NECKLACE
Hook paperclips in your favorite colors together for a unique multicolored accessory. Change it up for each outfit, and use them for their intended purpose at the end of the day. Try making a long chain, and then when you need a clip at the office, you always have one. You can then just shorten your necklace if need be.

GET CREATIVE
You don’t have to stick to what we have told you to use! You can use almost anything that you can find around the house when making your own jewelry.
- It seems like everyone has an extra key ring or two on their keys. Ask around!
- Bring back the Gum wrapper folding or try other candy wrappers for a colorful twist.
- Don’t be afraid to try a new idea. It will most likely be a good one, and you will have all your friends asking for their own!

outdoors
Five Finger Discount
Bringing Public Charm to your Private Sanctuary
Old to New

Ever thought there could be more to your junk? This spring, bring your recyclables into your wardrobe as your own unique, one-of-a-kind accessories.

Did you know?

When you get tired of your homemade accessories, recycle them! You will do good for the environment, and sometimes you can even get money for them!