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2012 CFW Summit Schedule, With Handouts

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Council for IWU Women 2012 Summit

February 24th and 25th, 2012

Saturday, February 25 Agenda

TIME

EVENT

8:30am

Council Members Breakfast

LOCATION

First Lady –

Pat Wilson's Home

9:30am – 10:00am

Welcome Reception - Council and Students

Icebreaker and Introductions:

Claudia Brogan`77

Davidson Room

Concurrent Sessions

10:00am - 10:45am

Women's Health& Stress Management

Barb Nathan'80, Laura Randolph'92, Cindy Zeglis'73

Davidson Room

Cartwright Room

Beginning the Journey - Hints and Tips on How to Face

the 2012 Job Market

Panelists: Jen Carden-Hoffenkamp'08, Mary Bennett-Hendricks'89,

Vanessa Frank`00, Linda Stone`85

11:00am - 11:45am

Everything You Wanted to Know About Grad/Prof School

Panelists: Molly McLay`06, Ade Olayinka`11

Alissa Sherman '08, Abby Sullivan '08

Davidson Room

Cartwright Room

Young Main Lounge

Preparing for the Journey – Making the Most Out of

Your Time at IWU

Panelists: Karin McDowell'00, Jen Shaughnessy'98,

Jessica Shull`, Lora Wey`88

12:00pm - 2:00pm

Closing Reception and Luncheon

Co-Chairs: Elly Jones '91 and Molly Rollings '99

Welcome to our New Chairs – President, Claudia Brogan`77

President Elect, Jessica Shull`03, 2012 – 2013

Keynote Speaker: Carol Brandt `78

"10 Life Lessons I Wish I'd Learned 20 Years Ago"

Awarding of Scholarships: Karin McDowell'00, Lisa Powell Williams'88

2:00pm

Closing

As a summary, here's what we settled on:

- Winners! (Applications are attached)
 - 1. Freshman (2015): Munia Mustafa
 - 2. Sophomore (2014): Josephina Banales
 - 3. Junior (2013): Natalie Romano, pending verification of class of 2013 inclusion
 - 4. Senior (2012): Laura Gaffey
- Introductions:
 - 1. Freshman (2015): The first year away from home is one of intense growth and many, many lessons learned. The magic happens when you can recognize those learnings and moments that make life easier down the road. One very special first year student, woman and applicant has a few gifts we want to share with you: First, she can dance. I'm jealous and hope she can teach me. J Second, she identified something she wanted to improve on and asked for help. She not only asked for help but realized that asking for help and teamwork can lead to amazing, beautiful results. Isn't that something we wish we would have learned before 30? Am I just speaking for myself? J And third, she took a risk with a situation that could have been negative and turned it into a positive teaching opportunity. (Can we share more of this story? It is just wonderful) Please help me congratulate Munia Mustafa, the Class of 2015 scholarship winner.
 - 2. Sophomore (2014): Strength and vulnerability are not mutually exclusive. As you may have experienced in your own lives, when you share an experience, something that defines who you are, it can require you to take that step to let down your guard and make yourself vulnerable. But what comes from that? Strength from the survival of the experience, of the sharing. And you can share that strength with others and build bonds that are genuine and life-long. Our recipient from the Class of 2014 found that sharing those difficult times, those stories, to build trust with other women. She teaches that people are more than you see she challenges us to go beyond our first impressions and really learn about those we meet. Congratulations to Josephina Banales, our winner from the Class of 2014.
 - 3. Junior (2013): A common thread ran through the Junior class applications: You don't have to be elaborate to make a difference. Small gestures can make big impacts. Our 2012 winner for the Junior class acts when she sees a need: By raising money for a local child battling cancer or getting floor-mates to donate to the Autism group on campus, this woman gets things to happen. And she isn't afraid to leave traditional gender-based expectations: a lesson learned through a job valet parking cards at a local hospital taught her a lesson that women can make great inroads in positions traditionally held by men. As she contemplated her career path, she realized her dream job would take her through law enforcement, a profession typically held by men. But she knows she can do it, and we believe in her, too. Just don't give me a ticket. Natalie Romano, congratulations.
 - 4. Senior (2012): The class of 2012 is filled with amazing women, scholars and leaders: There are individuals impacting their communities and others they meet in many different ways. But as women, it is important to also have leaders that have a laser-focus on doing one thing really, really well. The applicants for the class of 2012 award were top-notch across the board. But one stood out in a different way. This year we're pleased to award the scholarship to a woman who has spent her time on and off the IWU campus working, through politics, to make a difference. (I can add more this week to this to be sure to include the leadership of success planning and development, bi-partisan work, etc. I lost steam, I'm sorry.)
- Presentation: We'll meet Friday at the 1 p.m. meeting (if possible) and hash out order, presenters,

IWU Women's Council – 2012 Summit Everything You Ever Wanted to Know About Grad School

Moderator: Abby Sullivan

Panelist Biographies

Molly McLay

University of Illinois at Urbana Champaign '11 Master's in Social Work mollymclay@gmail.com

Adebola Olayinka

University of Chicago Master's in International Relations olayinka_adebola@yahoo.com

Alissa Sherman

Rush University Master's in Nursing for Adult Nurse Practitioner sherman.alissa@gmail.com

Abby Sullivan

University of Illinois at Urbana Champaign Master's in Business Administration abigail.e.sullivan@gmail.com

Topics to Consider

Deciding to Start the Process: Is this the right time for graduate school (career, life, etc.)? What am I going to study? Do I have a plan for what I want AFTER graduate school?

Applying: How did you go about it? What's an optimum number of places to apply? What are the requirements? How much time does it take to apply? Who should write my recommendations? Master's / PhD / Other?

Picking a School: What sorts of characteristics did you look for in a school? Should I pick a part-time or full-time program? What besides academics should be considered? How do I feel about research programs? Is this program considered academic or pre-professional? How do those differ?

Financial Aid: Does it exist? What's it like for particular programs? How do you maximize financial aid opportunities and your chance of getting them? How will I budget my savings / loan money while in school? Should I work part-time during my program?

Level of Difficulty: How did IWU prepare you for the rigors of grad school? Do you feel the difficulty of coursework was comparable? If you could go back and take a class or learn something at IWU to help you in grad school, what would it be?

Academic Advisers: What resources are available to assist with academic and research planning? Are there opportunities to learn outside the classroom? Study abroad? What is required of me? Will I be working independently or in a team or both?

Career Advice: Are there career advisers available? What level of assistance is provided? What are the employment statistics for those finishing the program? What other workshops, sessions, etc. are available to help me with my career search? Do most people complete an internship / externship while completing the program?

Differences between Undergrad and Graduate: How does it differ from undergrad? How is it similar? What tips do you have for improving time management? How is the classroom activity different?

Work/school/life balance: What do you do to keep the various facets of your life in balance? How do you stay sane? How do I maintain a healthy social life? What recommendations do you have for creating a social network?

Finding a place to live: If you moved elsewhere for grad school, what tips do you have for finding a place to live? Where did you search? What were must-have housing features for you? What do you wish you'd known before starting the housing search? If my school is close to home, is that a good option for saving money?

Passed Hors d' Oeuvres 6:30pm-7:00pm

Vegetable Samosas

this little treat is filled with Indian flavors

Traditional chicken satay with peanut sauce

Mac and Cheese Bites

All the goodness of macaroni and cheese in a yummy bite!

Spicy Crab Cakes

Mini lump crab cakes served with cilantro aioli

Appetizer Buffet 8:00pm-9:00pm

Domestic cheese boards (large)

Domestic cheeses such as cheddar, dill havarti, provolone, and Swiss are garnished with fresh grapes and berries and accompanied by assorted breads and crackers

Mediterranean Chips and Dips, Large

Your choice of dips accompanied by toasted herb pita points and crostinis

Garlic Hummus

Olive tapenade

Tomato Chutney

Tortellini Skewers

Cheese stuffed tortellini and cherry tomatoes are marinated in pesto and skewered

Caprese Skewers

Buffalo mozzarella, vine ripened cherry tomatoes and fresh basil are marinated in olive oil and freshly ground black pepper on a skewer

Teriyaki Beef Skewers

Tender beef is marinated in teriyaki, then skewered and baked

Dessert Tray

mini pastries and mini cupcakes

Mandarin Chicken Skewers

Alcohol

Beer, Wine and Soda Bar - 2 hours - Red and white wine, local beers, water, and soft drinks.

Council for IWU Women - Career Contact List

Abigail (Abby) Sullivan (2008)

IWU Major: Accounting

Current Employment: University of Illinois at Urbana Champaign (Graduate Assistant); Chrysler

(starting June 2012)

Current Location: Champaign, IL Field of Work: Accounting, Finance

Further Education: MBA (University of Illinois at

Urbana Champaign)

Past Employers: PriceWaterhouseCoopers,

Protiviti

Email: abigail.e.sullivan@gmail.com

Additional: Licensed CPA

Abigal Csanda (2007) IWU Major: Art

Current Employment: Old Town School of Folk

Music (Development Manager) Current Location: Chicago, IL

Field of Work: Non-Profit, Fundraising,

Development

Further Education: MA in Arts Management in Youth & Community (Columbia College of Chicago)
Past Employers: Green City Market, Snow City Arts,

Feminist Majority Foundation

After IWU: Feminist Majority Foundation (Campus

Organizer)

Email: abigail.m.csanda@gmail.com

Jen Carden – Hoffenkamp (2008)

IWU Major: Accounting

Current Employment: Northern Trust

Current Location: Chicago, IL Field of Work: Accounting Past Employer: Ernst & Young Email: jlcarden912@gmail.com

Marsha Guenzler-Stevens (1978)

IWU Major: Biology

Current Employment: University of Maryland (Director of the Adele H. Stamp Student Union - Center for Campus Life and Affiliate Assistant Professor of Counseling and Personnel Services)

Current Location: Maryland

Field of Work: University Administration,

Counseling

Further Education: MA in Counseling & Student Personnel (Miami University); Ph.D. in Higher Education – Policy and Planning and Finance

(University of Maryland)

Past Employers: IWU, Miami University, University

of Maryland

After IWU: IWU (Admissions Counselor)
Overseas Experience: Indonesia (exchange

student)

Email: mguenzle@umd.edu Phone: (301) 314-8505

Emilee Bocker (2007) IWU Major: Biology

Current Employment: University of IL College of

Medicine (Family Medicine Resident) *Current Location:* Champaign, IL

Field of Work: Medicine

Further Education: MD - Family Medicine (University of IL College of Medicine)

After IWU: Medical School

Overseas Experience: Thailand (study abroad)

Email: ebocker@uic.edu

Kelly Petrowski (2008)
IWU Major: Biology
Current Location: Chicago

Current Location: Chicago, IL Field of Work: Public Health

Further Education: University of Illinois at Chicago, School of Public Health (currently pursuing)

After IWU: Peace Corps (Volunteer - Malawi)

Overseas Experience: Malawi (Peace Corps

Volunteer)

Email: kpetrows@gmail.com

Linda A. Stone (1985)

IWU Major: Business Administration

Current Employment: MetLife Current Location: Atlanta, GA

Field of Work: Marketing, Management, Learning

& Development, Sales Training, Talent

Management

Further Education: MBA (Northern Illinois

University)

After IWU: Allstate Insurance Company

(Management training program)

Overseas Experience: Hamburg, Germany

(work/study program)

Email: lstone25@yahoo.com, lstone@metlife.com

Phone: (770) 407-2559

DesaRae Ludolph (2005) IWU Major: Business

Current Employment: PNC Mortgage (Mortgage

Loan Officer)

Current Location: Bloomington, IL

Field of Work: Mortgage Lending/Finance

After IWU: PNC Mortgage (Mortgage Loan Officer)

Email: desarae.ludolph@pncmortgage.com

Phone: (309) 287-6773

Vanessa M. Frank (2000)

IWU Majors: Business Administration; English-

Writing

Current Employment: Deloitte Tax, LLP (Tax Manager: Multistate Tax Services, Sales and Use

Tax)

Current Location: San Francisco, CA Field of Work: Accounting, Finance

Further Education: MBA – Finance, International

Business (Loyola University Chicago)

Past Employers: Kraft Foods, Arthur Andersen
After IWU: Arthur Andersen (Tax Consultant: State

and Local Tax)

Email: vanessa.ruppert@me.com

Phone: (415) 298-3401

LinkedIn:

http://www.linkedin.com/in/vanessafrank

Jessical Shull (2003)

IWU Major: Business Administration

Current Employment: State Farm (Social Media

Marketing Analyst)

Current Location: Bloomington, IL

Field of Work: Marketing

Past Employer: Saloman Smith Barney
After IWU: State Farm (Marketing Analyst)

Overseas Experience: Thailand, China, South Korea

(May Term 2001)

Email: jessicalynnshull@yahoo.com

Twitter: @journalynn

Justine Robinson (2006)

IWU Major: Business Administration

Current Employment: City of Bloomington, IL (Economic Development Coordinator)

Current Location: Bloomington, IL

Field of Work: Economic Development

Past Employers: CBL/Eastland Mall, Adkisson

Consultants

After IWU: Physician Recruiter

Email: justine.d.robinson@gmail.com

Marilyn Neis (1971)

IWU Major: Elementary Education

Current Employment: Neis Insurance Agency

(owner)

Current Location: Crystal Lake, IL

Field of Work: Insurance (current), Education,

Education Publishing (retired)

Past Employers: Woodstock, IL School District;

Rigby Education (publisher)

After IWU: Hazelwood School District Email: marilynneis@yahoo.com

Phone: (815) 459-2088

Additional: Happy to discuss my career activities and make suggestion or referrals. I am still in touch with many past publishing colleagues who are still working in the education editing and publishing field. I also would be happy to talk with any young woman who might be conflicted by issues regarding the balance and choices of being a career woman and/or an at home mom

Carol Smith (1973)

IWU Major: English

Current Employment: Hamilton Smith Associates

Inc. (Senior Director)

Current Location: Darien, IL

Field of Work: Insurance Industry Software

Consulting

Further Education: MBA (University of Chicago) Past Employers: C N A, CAPSCO, SOLCORP/EDS,

self-employed (current)

After IWU: USLIFE (Small Group Insurance Plan

Analyst) *Email:*

carol.smith@hamiltonssmithassociates.com

Jess Olsen (2004)

Katy Drechsel (1995)

(Senior Attorney)

Field of Work: Law

IWU Majors: English, Accounting

Current Location: Dallax, TX

Email: kd626@yahoo.com

Current Employment: Southwest Airlines Co.

Further Education: JD (Duke University)

IWU Major: English-Literature

Current Employment: Boylan Catholic High School

(English Teacher)

Current Location: Rockford, IL Field of Work: Education

After IWU: Fulbright (Foreign Language Teaching

Assistantship)

Overseas Experience: Hamburg, Germany

(Fulbright)

Email: jessica.l.olsen@gmail.com

Karin McDowell (2000)
IWU Major: English-Writing

Current Employment: COUNTRY Financial (Project

Manager)

Current Location: Bloomington, IL Field of Work: Projects & Executive

Communications

After IWU: Wm. Wrigley Jr. Co. (Internet/Intranet

Coordinator)

Email: karin.mcdowell@gmail.com

Phone: (309) 532-7766

Katie Coleman (2004)
IWU Major: English-Writing

Current Employment: Environmental Law & Policy

Center (Communications Associate)

Current Location: Oak Park, IL

Field of Work: Communications

Further Education: Environmental Journalism

(Michigan State University)

Past Employers: Delta Institute, Michigan

Environmental Council, Michigan State University,

Vance Publishing Corp.

After IWU: Vance Publishing Corporation

(Associate Editor)

Email: katieelizabethcoleman@hotmail.com

Molly McLay (2006)

IWU Majors: English-Writing, Women's Studies Current Employment: Aunt Martha's Vermilion Area Community Health Center (Targeted

Intensive Prenatal Case Manager) Current Location: Danville, IL

Field of Work: Social Work, Healthcare

Further Education: MSW (University of Illinois at

Urbana-Champaign)

Past Employers: Prairie Center Against Sexual Assault (social service), University of IL After IWU: Shakespeare Squared (Editorial

Assistant)

Overseas Experience: London (study abroad 2003)

Email: mollymclay@gmail.com

Jacquelyn J. Bliss (1999)

IWU Major: Health

Current Employment: Bliss Reed Enterprises Inc.;

DA Anytime Fitness (owner) Field of Work: Fitness

Further Education: Illinois State University, IUPUI

Past Employers: Self, FitSpa, Fiziques

After IWU: Illinois State University (Graduate

Assistant)

Email: jacqui_bliss@hotmail.com;

blisstraining@gmail.com

Charlene Carruthers (2007)

IWU Majors: History; International Studies

Current Employment: ColorOfChange.org

(Campaign Manager)

Current Location: New York, NY Field of Work: Political Organizing

Further Education: MSW (Washington University in

St. Louis)

Past Employers: Center for Community Change, Lawyers Committee for Civil Rights Under Law,

Women's Media Center

After IWU: Washington University in St. Louis

(Research Assistant)

Email: charlene.carruthers@gmail.com

Phone: (773) 208-2264

Monica Toporkiewicz (2000)

IWU Major: International Studies (Diplomatic)

Current Employment: U.S. Department of Commerce - U.S. Commercial Service (International Trade Specialist)

Current Location: Chicago, IL

Field of Work: International Trade

Further Education: MA in International Affairs - International Economics Concentration (The George Washington University - Elliott School of International Affairs (Washington, DC))

After IWU: U.S. Department of Commerce

(International Trade Specialist)

Email: monica.toporkiewicz@trade.gov

Shannon O'Rourke (2007)

IWU Majors: International Studies (Diplomatic),

Political Science

Current Employment: International Medical Corps

(Site Program Manager)

Current Location: Democratic Republic of Congo

Field of Work: International Development

Further Education: MA in International

Development (The George Washington University -

Elliott School of International Affairs)

Past Employers: FORGE, GlobalGiving,

Management Systems International

After IWU: Rotary (Ambassadorial Scholar)

Overseas Experience: Switzerland (study abroad);

Costa Rica (volunteer); Senegal (Rotary, internship); Mali, Zambia, DRC (work)

Email: Shannon.T.ORourke@gmail.com

Tracy Garrett (1981)
IWU Major: Music

Current Employment: Self-employed (published

writer); Kent Memorial Lutheran Church

(Secretary)

Current Location: Sunrise Beach, MO Field of Work: Writer; Administration

Further Education: Master of Music (Southern

Methodist University)

Past Employers: Electronic Data Systems (IT); Flute World (retail); King of Glory Lutheran (Secretarial)

After IWU: Flute World (Special-focused retail)

Email: tracy@tracygarrett.com

Phone: (214) 206-5807

Additional: Has 2 books published by New York

publishing houses.

Carole (Basista) Liske (1977)

IWU Major: Nursing

Current Employment: Rockford Diocese

Current Location: Bristol, IL

Field of Work: Nursing, Education, Technology

Further Education: MSN (Northern Illinois

University); PhD in Nursing (University of Phoenix)

Past Employers: Chamberlain College of Nursing,

Aurora University, Waubonsee CC, Foxland

Respiratory Consultants

After IWU: Good Samaritan Hospital (Advocate)

Overseas Experience:

Email: cdliske@sbcglobal.net

Additional: Civic advocate & community volunteer

Laurie Diekhoff

Undergrad Major: Psychology (Univ. of WI –

Lacrosse, 1983)

Current Employment: IWU Hart Career Center (Assistant Director, Internship Coordinator)

Current Location: Bloomington, IL

Field of Work: Higher Education Administration

(Student Affairs)

Further Education: MA in College Student
Personnel Administration (Ball State University)
Past Employers: Heartland Community College,

United Way, University of Illinois

After IWU: Illinois State (Residence Hall Director)

Email: diekhoff@iwu.edu Phone: (309) 556-3326 Elly Jones (1991)

IWU Major: Psychology

Current Employment: State Farm Insurance (Claims

Consultant)

Current Location: Bloomington, IL

Field of Work: Insurance

After IWU: IBM (Service Representative) Email: elly.jones.c46q@statefarm.com Alissa Sherman (2008) IWU Major: Nursing

Current Employment: Professional Nursing, Inc.

(Nurse)

Current Location: Chicago, IL Field of Work: Nursing

Further Education: MS in Nursing (Rush University)
Past Employers: Rush University Medical Center,

Good Samaritan Hospital (Advocate)

After IWU: Mayo Clinic (Staff Nurse)

Email: sherman.alissa@gmail.com

Dani Rossi (2009) IWU Major: Philosophy

Current Employment: City of Bloomington, IN - Planning Department (Service Corps Fellow)

Current Location: Bloomington, IN Field of Work: Public Policy

Further Education: MPA in Policy Analysis, Nonprofit Management (Indiana University School of Public and Environmental Affairs, expected May

2013)

Past Employers: Hesed House, Inc., Rush-Copley

Medical Center

After IWU: AmeriCorps position with AIDS United (HIV educator with homeless queer/trans youth)

Email: drossi@americorpsalums.org

Phone: (630) 995-6802

Laura Gerdes Ehrhart (1984)

IWU Major: Physics

Current Employment: Michelmann Steel

Construction Company (President; owns over 80%

of the company)

Current Location: Quincy, IL

Field of Work: Construction, Structural Steel

Fabrication, Civil Engineering

Further Education: B.S. in Civil Engineering from

University of Illinois

Past Employers: Peterson & Co. (litigation support

consulting), Metra

Email: lge@michelmann.us Phone: (217) 242-9905 Lisa Powell Williams (1988)
IWU Major: Political Science

Current Employment: Moline Public Library (Adult

Services Coordinator)

Current Location: Moline, IL

Field of Work: Librarian, Education, Management Further Education: Master's in Library and Information Science (University of Illinois)

Past Employers: Rock Island Public Library, Black

Hawk College, St. Ambrose University

Email: dblisaw@yahoo.com

Liz Eberspacher Nohren (1998)

IWU Major: Political Science

Current Employment: Dove & Dove, Attorneys at

Law (Attorney, Partner)

Current Location: Shelbyville, IL

Field of Work: Law

Further Education: SIU, Northwestern School of

Law

Email: lizeber@hotmail.com

Additional: Running for Resident Circuit Judge

(November 6th elections)

Kathryn Brannan (2009)

IWU Major: Political Science (Hispanic Studies

minor)

Current Location: Chicago, IL

Further Education: JD – currently pursuing (Depaul

University)

Email: kbrannan@iwu.edu Phone: (847) 772-1363