



2008

## 2008 CFW Summit Agenda

Illinois Wesleyan University

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## IWU Women: Leaders Across Generations

### Friday, February 29

- 9:30 - 11:00 a.m. Reception for Council Members, women faculty and staff - Turfler  
Comments from Judge Elizabeth Robb and songs from *Touch of Class*
- Noon Alumni-Student Luncheon Exchange - Off-Campus or On
- 2:00 p.m. Alumni Mentorship Program Meeting with Warren Kistner, Director  
Career Center (Lower Level of Gulick Hall)
- 4:00 p.m. Colloquium: Making the Transition from College to the "Real World" -  
Henning
- 6:00 p.m. Council Members Dinner - Ann Harding's Home - (309) 452 - 3417  
1601 Gregory Street, Normal
- Wanna get away? *Eat, Pray, Love* provides an escape from reality by author Elizabeth Gilbert as she spends a year traveling in Italy, India and Indonesia. Come explore the insights of the journey during a good old-fashioned book discussion!
- Evening Sleep and rest for Saturday! Rooms are available at  
The University's Guest House.

### Saturday, March 1

- 8:30 - 10:00 a.m. Alumnae Gathering - Pat Wilson's Home
- 10:00 - 3:00 p.m. Alumnae and Student Gathering -
- 10:00 - 10:30 a.m. Opening Session, Davidson Room, Memorial Center
- 10:45 - 11:45 a.m. Workshop Session One
1. Service in a Can! Davidson Room
  2. Developing as a Woman Leader, Cartwright Room
  3. Surviving Relocation / Career Switching, Henning
- 12:00 - 1:00 p.m. Workshop Session Two
1. Community Engagements and Everyday Activism, Henning
  2. Balance, Self-Care and Healthy Choices, Davidson
  3. Financial Literacy and Home Ownership, Cartwright
- 1:15 - 3:00 p.m. Luncheon with Speaker: Judge Elizabeth Robb, Main Lounge

# IWU Women: Leaders Across Generations

## Agenda

Saturday, March 1, 2008

10:00 a.m.

**OPENING SESSION** (Davidson Room)

10:45 - 11:45 a.m.

**SESSION I** (Choose one)

**Surviving Relocation/Career Switching:** (Henning Room)

IWU alums will share stories of unusual career paths, cross-country moves, and learning to embrace the unexpected. The session will explore a little of everything, from what to think about before deciding to mix-it-up, to sanity-saving tips for when you land in a new place.

*Panel Members: Katy Drechsel, Tracy Garrett, Molly McLay, Tracy Wych, Abby Csanda*

**Get Involved; Learn About Local and National Service Opportunities!** (Davidson Room)

In this session, current students and alums will provide information about a variety of service projects on the local and national levels. During the conference, we will be collecting items to donate to several local non profit organizations. As we discuss and highlight volunteer opportunities, we will be boxing up items to send out to the organizations in need. Join us to learn about what you can do to help your community! Please bring diapers, baby wipes, baby powder, toiletries items (toothpaste, deodorant toothbrushes) socks, underwear, etc.

*Panel Members: Lora Curtis, Amy Sipovic, Jessica Olsen, Loreene Jukovich*

**Developing As a Woman Leader** (Cartwright Room)

This session features representatives from non-profit and Fortune 500 companies. Please join us as these former IWU women share their intriguing stories of growth as leaders and answer questions. What challenges did they face? What leadership traits helped them to be successful? What can you do while at Illinois Wesleyan to better prepare for what lies ahead?

*Panel Members: Elly Jones, Vanessa Ruppert, Beth Raboin-Gettleman*

12:00 – 1:00 p.m.

**SESSION II** (Choose one)

**Community Engagements and Everyday Activism** (Henning Room)

Wherever you live--at IWU, or on the job after graduation--the time is now to "Jump In" and get involved in Community Activism. Ann Harding will give you ideas for now that can be a "connector" after graduation. Barb Nathan will give you health care ways in volunteering. Carole Liske,

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Aurora University School of Nursing, will explain the importance of political groups and school boards as they impact her family and her teaching position. Lisa Williams, a librarian with Moline Public Library, will give you insight into what its like working with the public on a regular basis. Mary Ann Guenzler will give you pointers on staying informed and active so you can share opinions and be ready to connect with all levels of government with the knowledge she has gained through the League of Women Voters. Are you registered to vote? If not, Mary Ann is a Deputy Voter Registrar. Be eligible to vote in the National Election in November!

*Panel Members: Mary Ann Guenzler, Ann Harding, Barb Nathan, Lisa Williams, Carol Liske*

**Balance, Self-Care and Healthy Choices** (Davidson Room)

The goals of this session are to discuss the importance of healthy lifestyles and strategies for women to maintain healthy "minds, bodies and souls" during the often stressful college years and beyond. The discussion will be interactive and questions and insights from the participants are encouraged. Topics will include: cardiovascular health (including diabetes and high blood pressure); HIV/AIDS and other STDs; psycho-social and behavioral issues.

*Panel Members: Debbie Burt-Frazier, Myrtis Sullivan, Susan Getz*

**Financial Literacy and Home Ownership** (Cartwright Room)

"Financial Literacy & Home Ownership for Women" will feature three female financial professionals presenting tips on money management, purchasing a home, and basic investing. Financial security issues specific to women will also be highlighted.

*Panel Members: Katie Coleman, DesaRae Ludolph Martha Rohlfing, Donna M. Zagorski, Ruth Ann Potts*

**1:15 p.m.**

**LUNCH** (Main Lounge)

*Speaker: The Honorable Elizabeth A. Robb, 11th Circuit Court Judge*