



Spring 2018

2018 CFW Summit Program

Illinois Wesleyan University

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2018 Summit

FRIDAY MARCH 2

SATURDAY MARCH 3

COUNCIL
for IWU

Women

CHANGE
CHOICE *and*
COMMUNITY

ILLINOIS WESLEYAN
UNIVERSITY



FEATURED SPEAKER

Cheryl Reinking '87



The keynote speaker for this year's Council for IWU Women Summit is Cheryl Reinking '87. Reinking is currently the Chief Nursing Officer (CNO) at El Camino Hospital in Mountain View, Calif., where she oversees all nursing departments as well as other clinical areas. As a member of El Camino Hospital's Magnet Committee, Reinking has helped the hospital achieve Magnet status in 2005, 2010, and 2015, a distinct recognition by the American Nurses Credentialing Center (ANCC) for excellence in nursing.

After graduating from Illinois Wesleyan with a Bachelor of Science in Nursing, Reinking earned a master's degree in nursing from San Jose State University. She began working at El Camino Hospital over 29 years ago as a direct care nurse, and held various management and director positions before assuming her current role as CNO.

She has published articles on improving patient's transition from acute care to post acute care and is the recipient of multiple awards, including the El Camino Hospital Leadership in Action Award in 2005 and a Silicon Valley Woman of Influence Award in 2013.

Reinking will give remarks, "Leaning-In More: Women pushing against the status quo of traditional leadership roles."

SCHEDULE OF EVENTS

THURSDAY, MARCH 1, 2018

Time & Place	Program
7:30 PM Davidson Room, Memorial Center	Women of Change: Breaking the Silence A Discussion Surrounding #metoo

FRIDAY, MARCH 2, 2018

Time & Place	Program
11:45 AM – 1 PM Young Main Lounge, Memorial Center	Kickoff Luncheon Keynote Speaker: Cheryl Reinking '87 "Leaning-In More: Women pushing against the status quo of traditional leadership roles"

1:30 – 3:30 PM Hart Career Center	Practice Interviews for Students with Council Alumnae <i>Pre-registration required.</i>
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1:30 – 3:30 PM Hart Career Center	"Connecting to Your Community" Panel and Service Project Join council women to learn more about being active in your community! Hear from panelists on how they have been active in their own communities both as a career choice and as a volunteer. We will also participate in a community service project to benefit local children through Project Linus (all supplies will be provided). The session is casual — feel free to attend whatever portion works for your schedule! Learn more about Project Linus at https://www.projectlinus.org
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3:45 – 5 PM Davidson Room, Memorial Center	"Networking to Advance Your Career" Co-sponsored with Collegiate Women's Network
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The Summit is open to Council women, alumnae, faculty, staff and students.

Feel free to drop in for one or more sessions. Come as you are!

Time & Place	Program
6 – 8 PM Hart Career Center <i>Doors open at 5:45 PM</i>	She Speaks — IWU alumnae, students, faculty and staff & their stories <i>All are welcome — registration not required.</i>

SATURDAY, MARCH 3, 2018

Time & Place	Program
9 – 9:30 AM Henning Room, Memorial Center	Welcome and Continental Breakfast

10:45 – 11:45 AM Davidson Room, Memorial Center	"Being Resilient and Brave... But, Not Perfect" If only I was perfect... or if only life didn't require you to bump along the road through hardships, loss, and disappointments. This session uses the wisdom of Sheryl Sandberg and Adam Grant, authors of the new book <i>Option B: Facing Adversity, Building Resilience, and Finding Joy</i> , to inform our conversation about finding strength in adversity and our work on developing our "resilience muscle." Using the stories of IWU women in all stages of life's journey, we will join together in exploring our strengths, how we develop compassion for ourselves and others, and how we find our way to a greater appreciation and deeper meaning in our lives even when we have to divert to a new path. College women, in particular, are often compelled to live perfect lives, but this conversation will encourage us all to try to be brave — but not perfect.
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12:15 PM Young Main Lounge, Memorial Center	Scholarship Award Luncheon
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COUNCIL FOR IWU WOMEN

EXECUTIVE COMMITTEE

Jennifer Jones '94, President (2016-2018)
Laine Twanow '04, Incoming President (2018-2020)
Marilynn Graves '79, President Elect
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Molly McLay '06, She Speaks Chair

COUNCIL FOR IWU WOMEN

MEMBER DIRECTORY

Deborah D. Adams, Ph.D. '79
MSW Program Director and Associate
Professor
University of Kansas
Mission, KS
(913) 219-4080
ddadams@ku.edu
Resident Assistant

Dr. Gianina R. Baker '04
Assistant Director, National Institute
for Learning Outcomes Assessment
U of I at Urbana-Champaign
Savoy, IL
(217) 552-1105
gianina.baker@gmail.com
Track & Field, Cross Country, BSU
President, SAAC Co-President,
Residential Advisor, Student
Ambassador (Tours), Fellowship of
Christian Athletes

Kimberly J. Bankston '96
Nurse Practitioner
Bloomington Primary Care
Normal, IL
(309) 838-5072
kimberly_bankston@yahoo.com
Alpha Gamma Delta

Catherine N. Bayles '11
Director of Education & Community
Programming
Bookworm Gardens
Sheboygan, WI
(708) 703-0626
catherine.bayles@gmail.com
Collegiate Choir, London Study
Abroad Program

Kelly A. Benante '08
Quality Assurance Monitor,
Northwestern Cancer Prevention
Consortium
Northwestern University, Robert H.
Lurie Comprehensive Cancer Center
Chicago, IL
(708) 209-6979
kelly.benante@gmail.com
Student Senate

Mary Bennett-Henrichs '89
President
Integrity Technology Solutions
Bloomington, IL
(309) 846-3736
mbennett@integrityts.com
Kappa Kappa Gamma

Emilee J. Bocker, M.D. '07
Resident
U of I College of Medicine at Rockford
Sublette, IL
(815) 993-6295
emilee.bocker@gmail.com

Dr. Amy L. Boyles '08
Social Studies Teacher
Streator Township H.S.
Ottawa, IL
(815) 481-0609
amy.sipovic@gmail.com

Michele Brady
Associate Vice President for
Advancement
Illinois Wesleyan University
Bloomington, IL
(309) 556-3861
mbrady@iwu.edu

Claudia W. Brogan '77
Instructional Designer
Centers for Disease Control &
Prevention
Decatur, GA
(404) 373-6109
cwb713@comcast.net
Resident Assistant

Dr. Debbie R. Burt-Frazier '75
Instructor
Central State University
Dayton, OH
(708) 288-6978
debbiefrazier53@gmail.com

Jaynanne C. Calaway-Habeck '99
Vice President, People Ops
Panera Bread
Godfrey, IL
(618) 581-1203
jaynanne_calaway@hotmail.com

Allecia A. Correll '00
Student Loan Coordinator
Illinois Wesleyan University
Normal, IL
(309) 824-6895
alleciacorrell@gmail.com

Bianca N. Cotton '11
Relationship Manager
United Way of Metropolitan Chicago
Chicago, IL
(773) 304-8347
sprattbianca@gmail.com

Laurie Diekhoff
Retired Associate Director of Career
Center
Illinois Wesleyan University
Bloomington, IL
(309) 826-2842
diekhoff@iwu.edu

Lisa M. Dieter, CFP '02
Founder and Wealth Advisor
EmberHouse
Chicago, IL
(847) 668-6737
lisadieter8@gmail.com
Alpha Omicron Pi

Kimberly B. Earl, C.P.A. '95
VP-Internal Audit
New York & Company
Brooklyn, NY
(212) 884-2967
kturner008@netscape.net
Alpha Gamma Delta

Laura G. Ehrhart '84
President
Michelmann Steel Construction Co
Quincy, IL
(217) 242-9905
lge@michelmann.us
Kappa Kappa Gamma

Kasey G. Evans '12
Admissions Counselor
Illinois Wesleyan University
Bloomington, IL
(731) 445-1803
kaseyevans12@gmail.com
Kappa Delta

Vanessa M. Frank '00
Senior Tax Manager
Fitbit, Inc.
Novato, CA
(415) 298-3401
Vfrank@fitbit.com

Sara N. Froelich '01
Health Care Advocate
The Kenney Group
Denver, CO
(303) 817-8025
saranfroelich@gmail.com

Kelly A. Fuller '06
Account Manager
Creative Group, Inc.
Palatine, IL
(309) 235-4621
kelly.goodpaster@gmail.com

Marilynn W. Graves '79
Founder and Principal
MJG Insights
Palatine, IL
(847) 485-7128
mglearn@aol.com

Darcy L. Greder
Assoc. Dean of Student Affairs
Illinois Wesleyan University
Bloomington, IL
(309) 556-3541
dgreder@iwu.edu

Vernee Green '96
Program Manager
Chicago Metropolitan 2020
Berkeley, IL
(773) 456-5571
vrgreen07@hotmail.com

**Marsha A. Guenzler-Stevens,
Ph.D. '78**
Dir., Adele H. Stamp Student Union-
Center for Campus Life
University of Maryland at College Park
Stevenson, MD
(410) 486-2135
mguenzle@umd.edu
Alpha Omicron Pi

Ann Harding
Retired Director of Alumni Relations
Illinois Wesleyan University
Normal, IL
(309) 310-8535
aharding@iwu.edu

Lindsay M. Hawley '06
Attorney/Domestic Violence
Domestic Violence Legal Clinic
Rolling Meadows, IL
(847) 772-1997
lindsay.hawley@gmail.com

Chelsey D. Hillyer '05

Pastor
Union United Methodist Church
Jefferson City, MO
(309) 310-6437
cdhillyer@gmail.com

Jen L. Hoffenkamp '08

Auditor
Northern Trust Company
Arlington Heights, IL
(630) 779-1423
jlcarden912@gmail.com

Michelle C. Huls-Rice '01

Director of Communications, College
of Engineering
U of I at Urbana-Champaign
Saint Joseph, IL
(217) 390-5688
michellehulsrice@gmail.com
Alpha Gamma Delta

Dawn M. Imel '91

Executive Director
Community Service Options/RIM
East Moline, IL
(309) 236-5201
imeldawn@mchsi.com
Kappa Delta

Pamela L. Jacklin '66

Attorney
Stoel Rives LLP
Portland, OR
(503) 504-8456
pam.jacklin@stoel.com

Shelley G. Jameson '86

Opera Singer
Opera Music Theater Intl.
Blauvelt, NY
(845) 359-5866
singerjam20@gmail.com

Elly L. Jones '91

Claim Consultant
State Farm Insurance Companies
Tempe, AZ
(615) 542-3452
ellyj583@gmail.com
Kappa Delta

Jennifer L. Jones '94

Director of Global Sales
Rosewood Hotel Group
Boca Raton, FL
(312) 402-7281
jenniferleejones@gmail.com
Alpha Gamma Delta

Laura K. Jordan '96

Partner/Attorney
Thompson Coburn LLP
Shiloh, IL
(618) 589-9622
ljordan@thompsoncoburn.com

Loreene K. Jukovich '93

Executive Assistant
Northwestern University Alumni
Association
Northbrook, IL
(847) 219-0134
ljukovich@comcast.net
Sigma Kappa

Jennifer L. Knobloch '95

Attorney
Fedota Childers
Chicago, IL
(773) 697-4675
jenniferknobloch@aol.com
Alpha Gamma Delta

Ashley S. Kohaus, M.D. '04

General Pediatrician
Bloomington Pediatrics
Bloomington, IL
(309) 826-4036
ashsue44@aol.com

Laura A. Kraynak '07

Director of Market Sales
State Farm Insurance Companies
Courtyard by Marriott
Bloomington, IL
(708) 217-5052
Lcurtis07@gmail.com
Kappa Delta

Julie E. Lee '07

Accounting Director
CNA Insurance Companies
Naperville, IL
(217) 242-4293
julie_croxton@hotmail.com

Dr. Carole D. Liske '77

Manager, Graduate Nursing Faculty
Western Governors University
Yorkville, IL
(630) 327-3392
carole.liske@wgu.edu
Sigma Kappa

DesaRae A. Ludolph '05

Senior Loan Officer
Mortgage Services III, LLC
Morton, IL
(309) 287-6773
dludy25@gmail.com
Sigma Kappa

Stacey L. McClenathan '92

Founder/CEO
Bee Line Communications &
ModusCSR
Delavan, WI
(847) 668-0900
stacey@beecomunications.com

Karin McDowell '00

Prospect Development – Data
Modeling & Analytics
Illinois State University
Bloomington, IL
(309) 532-7766
Kmmcdlw1@ilstu.edu

Brianna M. McKelvey '07

Research Specialist
NC Department of Health and Human
Services
Raleigh, NC
(815) 985-6104
bwel1985@gmail.com

Molly M. McLay '06

Assistant Director, Women's
Resources Center / Therapist (LCSW)
University of Illinois at Urbana-
Champaign / Elliott Counseling Group
Champaign, IL
(217) 416-0546
mollymclay@gmail.com

Leah A. Merrifield '78

Assistant Vice Chancellor
Washington University
Saint Louis, MO
(314) 995-7140
lamerrifield@gmail.com

Dr. Alissa S. Miller '08

Adult Gerontology Nurse Practitioner
(AGNP)
Univ. of Chicago Medicine
Chicago, IL
(815) 245-8429
alissasmiller@gmail.com
Sigma Kappa

Barbara J. Nathan '80

Executive Director
Westminster Village
Bloomington, IL
(309) 212-1071
brbrnathan@gmail.com

Marilyn A. Neis '71

Owner
Neis Insurance Agency, Inc.
Crystal Lake, IL
(815) 455-6324
marilynneis@yahoo.com
Alpha Omicron Pi

**Elizabeth Eberspacher Nohren,
J.D. '98**

Managing Partner
Dove & Dove
Shelbyville, IL
(217) 549-4533
Inohren@doveanddove.com
Kappa Kappa Gamma

Adebola I. Olayinka '11

Ph.D. Candidate, International
Institutions, Globalization and
Development
Duke University
Durham, NC
(651) 815-3226
theadebolayinka@gmail.com

Jessica L. Olsen '08

English Teacher/Basketball and Track
Coach
Chicago Bulls College Prep
Chicago, IL
(815) 218-6669
Jessica.l.olsen@gmail.com

Shannon T. O'Rourke Kasali '07

Gender Advisor, Stabilization Unit
United Nations Peacekeeping
Mission – Democratic Republic of
Congo
Goma, DR Congo
Shannon.T.O'Rourke@gmail.com
Class Vice President, Student Senate
Executive Board, Residential Life
Staff (I-House RA), DRL, Ambassador
Club, Alpha Phi Omega, John Wesley
Powell Research Conference, Study
Abroad – Switzerland

Lisa Powell Williams '88

Adult/Young Adult Services
Coordinator; Pastor
Moline Public Library; Union
Congregational Church UCC
Moline, IL
(300)756-8818
lisapowellwilliams@gmail.com
Alpha Omicron Pi

Adriane Powell

Director of Alumni Relations
Illinois Wesleyan University
Bloomington, IL
(309) 556-1355
apowell@iwu.edu

Stephie Predmore '11

Director of Influencer Marketing
Mediavine
Bloomington, IL
(309) 264-2281
stephieswope@gmail.com

Abigail M. Prescott '07

Director of Communications
Urban Gateways
Chicago, IL
(309) 531-1601
abigail.m.prescott@gmail.com

Erin J. Rahn Morris '01

Business Lines Underwriting Section
Manager
State Farm Insurance Companies
Bloomington, IL
(309) 453-8511
erinrahn@gmail.com
Kappa Delta

Laura C. Randolph, M.D. '92

Plastic Surgeon
Laura C. Randolph, M.D., S.C.
Bloomington, IL
(309) 827-8494
l.c.randolph@att.net
Kappa Kappa Gamma

Justine D. Robinson '06

Marketing Specialist
CBL & Associates Properties, Inc.
Saint Peters, MO
(217) 891-3286
justine.d.robinson@gmail.com
Alpha Gamma Delta

Molly M. Rollings '99

Commercial Producer
Dimond Bros. Insurance Agency
Savoy, IL
(217) 369-3684
molly.rollings@dimondbros.com

Mary Jane Rogers '86

Managing Director, Head of Payments
Communications
JPMorgan Chase
Westminster, CO
(602) 332-1215
maryjanerogers14@gmail.com
Kappa Kappa Gamma
Martina L. Scanlan 87
VP – Senior Accounts
Interiors & Sources Magazine
Moraga, CA
(925) 482-7252
scans@pacbell.net
Kappa Kappa Gamma

Professor April Schultz

Professor of History
Illinois Wesleyan University
Bloomington, IL
(309) 556-3414
aschultz@iwu.edu

Jennifer L. Shaughnessy '98

Regional Admissions Representative
University of Missouri-Columbia
Alpharetta, GA
(309) 826-5278
jshaughn@iwu.edu
Kappa Delta

Jessica L. Shull '03

Marketing Project Manager
State Farm Insurance Companies
Bloomington, IL
(309) 706-0683
jessicalynnshull@yahoo.com

Lindsay A. Sicks-Tuttle, O.D. '06

Assistant Professor/Attending
Optometrist
Illinois College of Optometry
Orland Park, IL
(708) 826-6401
lsicks@gmail.com

Tara H. Snow '99

Vice President, Corporate Accounting
Hyatt Hotels Corporation
Barrington, IL
(773) 882-8272
tarasnow15@gmail.com

Linda A. Stone '85

Director of Global Learning
MetLife, Inc.
Atlanta, GA
(770) 639-4633
lstone@metlife.com
Alpha Gamma Delta

Abigail E. Sullivan '08

Manager of FP&A and Investor
Relations
Great Lakes Dredge & Dock Corp.
Forest Park, IL
(708) 899-1486
Abigail.E.Sullivan@gmail.com

Laine Twanow '04

Projects Manager
Chestnut Health Systems
Bloomington, IL
(815) 600-1309
ltwanow@chestnut.org
Cross Country, Track, Research
Methods TA

Dr. Patricia L. Wilson

Illinois Wesleyan University
Retired Educator
Bloomington, IL
(309) 838-8388
plwilson4@yahoo.com

Marianne C. Wolf-Astrauskas '76

President
National Federation of Press Women
Orland Park, IL
(312) 259-5467
mwolfastro@aol.com
Kappa Kappa Gamma

Jill E. York '85

Sr. VP & CFO
MB Financial, Inc.
Elmhurst, IL
(630) 359-5399
jyork@mbfinancial.com

Cindy S. Zeglis, Ph.D. '73

Clinical Psychologist
Veteran's Research Hospital
Kankakee, IL
(815) 937-0677
cindyzeglis@yahoo.com
Alpha Omicron Pi



We are alumnae who give time, talent and resources to support the personal and professional development of the women of IWU... students, faculty, staff and each other.

The Council for IWU Women is committed to strengthening the experiences of all those affiliated with Illinois Wesleyan. The Council exists to promote democratic citizenship and life in a global society, and it works to support the intellectual and personal growth of women while emphasizing the spirit of inquiry and inter-generational exchange among campus constituents. We do this by offering guidance and role models to the extended University community.

CRITERIA FOR MEMBERSHIP

Council Members will:

- Exhibit willingness to open doors to opportunities for women students that may include such things as internships, graduate study, employment, and civic engagement.
- Mentor women and share their own stories by interfacing through both real-time and electronic communication.
- Model different life choices and present a rich tapestry of the diversity that is true of the Illinois Wesleyan community.
- Return to the campus at least once per year.
- Share their time, talent, and financial support in a manner consistent with their means, in addition to what they already give to the university at large. This goal ensures that the Council and its activities are self-sustaining in nature.

To nominate yourself or other alumnae, contact Adriane Powell at apowell@iwu.edu or go to www.titanpride.org.

ILLINOIS WESLEYAN
UNIVERSITY