



2018

2018 CFW Summit Program

Illinois Wesleyan University

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2018 Summit

FRIDAY MARCH 2

SATURDAY MARCH 3

COUNCIL
for IWU

Women

CHANGE
CHOICE *and*
COMMUNITY

ILLINOIS WESLEYAN
UNIVERSITY



FEATURED SPEAKER

Cheryl Reinking '87



The keynote speaker for this year's Council for IWU Women Summit is Cheryl Reinking '87. Reinking is currently the Chief Nursing Officer (CNO) at El Camino Hospital in Mountain View, Calif., where she oversees all nursing departments as well as other clinical areas. As a member of El Camino Hospital's Magnet Committee, Reinking has helped the hospital achieve Magnet status in 2005, 2010, and 2015, a distinct recognition by the American Nurses Credentialing Center (ANCC) for excellence in nursing.

After graduating from Illinois Wesleyan with a Bachelor of Science in Nursing, Reinking earned a master's degree in nursing from San Jose State University. She began working at El Camino Hospital over 29 years ago as a direct care nurse, and held various management and director positions before assuming her current role as CNO.

She has published articles on improving patient's transition from acute care to post acute care and is the recipient of multiple awards, including the El Camino Hospital Leadership in Action Award in 2005 and a Silicon Valley Woman of Influence Award in 2013.

Reinking will give remarks, "Leaning-In More: Women pushing against the status quo of traditional leadership roles."

SCHEDULE OF EVENTS

THURSDAY, MARCH 1, 2018

Time & Place	Program
7:30 PM Davidson Room, Memorial Center	Women of Change: Breaking the Silence A Discussion Surrounding #metoo

FRIDAY, MARCH 2, 2018

Time & Place	Program
11:45 AM – 1 PM Young Main Lounge, Memorial Center	Kickoff Luncheon Keynote Speaker: Cheryl Reinking '87 "Leaning-In More: Women pushing against the status quo of traditional leadership roles"
1:30 – 3:30 PM Hart Career Center	Practice Interviews for Students with Council Alumnae <i>Pre-registration required.</i>
1:30 – 3:30 PM Hart Career Center	"Connecting to Your Community" Panel and Service Project Join council women to learn more about being active in your community! Hear from panelists on how they have been active in their own communities both as a career choice and as a volunteer. We will also participate in a community service project to benefit local children through Project Linus (all supplies will be provided). The session is casual — feel free to attend whatever portion works for your schedule! Learn more about Project Linus at https://www.projectlinus.org
3:45 – 5 PM Davidson Room, Memorial Center	"Networking to Advance Your Career" Co-sponsored with Collegiate Women's Network

*The Summit is open to Council women, alumnae, faculty, staff and students.
Feel free to drop in for one or more sessions. Come as you are!*

Time & Place	Program
6 – 8 PM Hart Career Center <i>Doors open at 5:45 PM</i>	She Speaks — IWU alumnae, students, faculty and staff & their stories <i>All are welcome — registration not required.</i>

SATURDAY, MARCH 3, 2018

Time & Place	Program
9 – 9:30 AM Henning Room, Memorial Center	Welcome and Continental Breakfast
10:45 – 11:45 AM Davidson Room, Memorial Center	"Being Resilient and Brave... But, Not Perfect" If only I was perfect... or if only life didn't require you to bump along the road through hardships, loss, and disappointments. This session uses the wisdom of Sheryl Sandberg and Adam Grant, authors of the new book <i>Option B: Facing Adversity, Building Resilience, and Finding Joy</i> , to inform our conversation about finding strength in adversity and our work on developing our "resilience muscle." Using the stories of IWU women in all stages of life's journey, we will join together in exploring our strengths, how we develop compassion for ourselves and others, and how we find our way to a greater appreciation and deeper meaning in our lives even when we have to divert to a new path. College women, in particular, are often compelled to live perfect lives, but this conversation will encourage us all to try to be brave — but not perfect.
12:15 PM Young Main Lounge, Memorial Center	Scholarship Award Luncheon

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We are alumnae who give time, talent and resources to support the personal and professional development of the women of IWU... students, faculty, staff and each other.

The Council for IWU Women is committed to strengthening the experiences of all those affiliated with Illinois Wesleyan. The Council exists to promote democratic citizenship and life in a global society, and it works to support the intellectual and personal growth of women while emphasizing the spirit of inquiry and inter-generational exchange among campus constituents. We do this by offering guidance and role models to the extended University community.

CRITERIA FOR MEMBERSHIP

Council Members will:

- Exhibit willingness to open doors to opportunities for women students that may include such things as internships, graduate study, employment, and civic engagement.
- Mentor women and share their own stories by interfacing through both real-time and electronic communication.
- Model different life choices and present a rich tapestry of the diversity that is true of the Illinois Wesleyan community.
- Return to the campus at least once per year.
- Share their time, talent, and financial support in a manner consistent with their means, in addition to what they already give to the university at large. This goal ensures that the Council and its activities are self-sustaining in nature.

To nominate yourself or other alumnae, contact Adriane Powell at apowell@iwu.edu or go to www.titanpride.org.

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