



Summer 2019

## FNRI: Nutrition Assessment and Monitoring Division, Philippines

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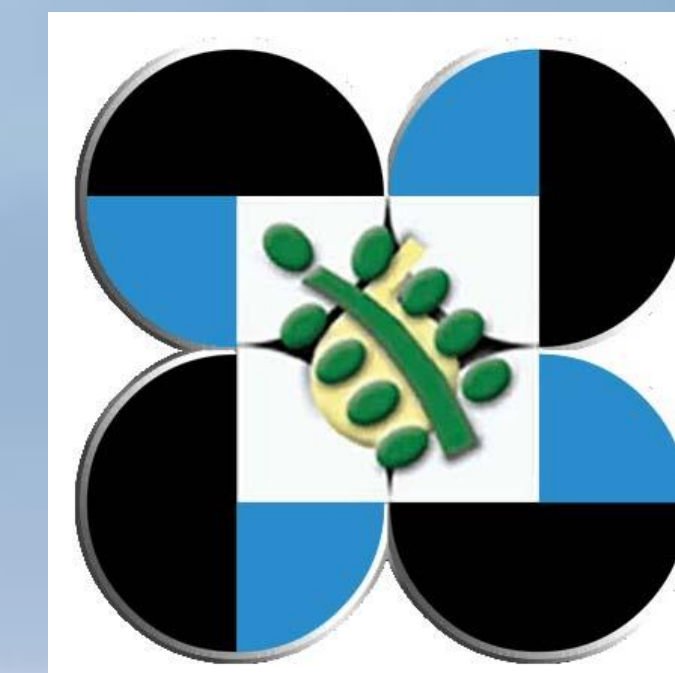
Hoffacker, Kathryn; Lindquist, Mckenzie; Nguyen, Mimi; and Rolofson, Marcia, "FNRI: Nutrition Assessment and Monitoring Division, Philippines" (2019). *Presentations*. 1. [https://digitalcommons.iwu.edu/freeman\\_posters/1](https://digitalcommons.iwu.edu/freeman_posters/1)

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# FNRI: Nutrition Assessment and Monitoring Division

By: Kathryn Hoffacker, McKenzie Lindquist, Mimi Nguyen, and Marcia Rolofson



## FNRI-NAMD

The Food and Nutrition Research Institute (FNRI) is an agency in the Philippines that provides data, information and products to combat malnutrition in the country. Using environmentally friendly and competitive technologies, FNRI works toward strengthening Filipinos with optimal nutrition.

This specific internship worked in the DOST-NAMD portion of FNRI, with the field researchers. The field researchers go to various locations in the country and collect data for the Expanded National Nutrition Survey. This survey was made to determine if the prevalence of malnutrition and obesity has improved. FNRI randomly selects households in the area, and researchers visit the house to collect the data.



## Fieldwork in the Philippines

The interns were able to survey civilians in three major provinces which included Ilocos Norte, Benguet and Metro Manila. Responsibilities of the interns included traveling to participant house's surveying socioeconomic status, recording anthropometric measurements, weighing food, and record 24-hour food recalls. These were only some of our responsibilities because everyday was unique. Living in the field in the Philippines, the interns had to expect the unexpected which allowed for exponential growth.



## Seminar Series

Every year FNRI hosts an event to reveal data collected during last year's national nutrition survey. The Seminar Series also provides an opportunity for undergraduates, graduates, and employees to present their research projects.

Throughout the Seminar Series each presenter emphasized problems that have risen in the Philippines: obesity/being overweight, nutrition (food and knowledge), and food security were the common themes.



## Office Work

After working in the field, the interns experienced office exposure for approximately two weeks. The interns were exposed to data processing and laboratory methods. Through a variety of coding methods, the data was cleaned and validated by multiple team members before being analyzed. The interns were able to see how samples collected in the field were processed for more in depth analysis. This data was then reported in the annual survey.