



3-2-2018

## Summit program

Illinois Wesleyan University

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2018 Summit

FRIDAY MARCH 2

SATURDAY MARCH 3

COUNCIL  
for IWU

*Women*

CHANGE  
CHOICE *and*  
COMMUNITY

ILLINOIS WESLEYAN  
UNIVERSITY



## FEATURED SPEAKER

### Cheryl Reinking '87



The keynote speaker for this year's Council for IWU Women Summit is Cheryl Reinking '87. Reinking is currently the Chief Nursing Officer (CNO) at El Camino Hospital in Mountain View, Calif., where she oversees all nursing departments as well as other clinical areas. As a member of El Camino Hospital's Magnet Committee, Reinking has helped the hospital achieve Magnet status in 2005, 2010, and 2015, a distinct recognition by the American Nurses Credentialing Center (ANCC) for excellence in nursing.

After graduating from Illinois Wesleyan with a Bachelor of Science in Nursing, Reinking earned a master's degree in nursing from San Jose State University. She began working at El Camino Hospital over 29 years ago as a direct care nurse, and held various management and director positions before assuming her current role as CNO.

She has published articles on improving patient's transition from acute care to post acute care and is the recipient of multiple awards, including the El Camino Hospital Leadership in Action Award in 2005 and a Silicon Valley Woman of Influence Award in 2013.

Reinking will give remarks, "Leaning-In More: Women pushing against the status quo of traditional leadership roles."

# SCHEDULE OF EVENTS

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## THURSDAY, MARCH 1, 2018

<b>Time &amp; Place</b>	<b>Program</b>
7:30 PM Davidson Room, Memorial Center	<b>Women of Change: Breaking the Silence</b> A Discussion Surrounding #metoo

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## FRIDAY, MARCH 2, 2018

<b>Time &amp; Place</b>	<b>Program</b>
11:45 AM – 1 PM Young Main Lounge, Memorial Center	<b>Kickoff Luncheon</b> <b>Keynote Speaker: Cheryl Reinking '87</b> "Leaning-In More: Women pushing against the status quo of traditional leadership roles"
1:30 – 3:30 PM Hart Career Center	<b>Practice Interviews for Students with Council Alumnae</b> <i>Pre-registration required.</i>
1:30 – 3:30 PM Hart Career Center	<b>"Connecting to Your Community"</b> <b>Panel and Service Project</b> Join council women to learn more about being active in your community! Hear from panelists on how they have been active in their own communities both as a career choice and as a volunteer. We will also participate in a community service project to benefit local children through Project Linus (all supplies will be provided). The session is casual — feel free to attend whatever portion works for your schedule! Learn more about Project Linus at <a href="https://www.projectlinus.org">https://www.projectlinus.org</a>
3:45 – 5 PM Davidson Room, Memorial Center	<b>"Networking to Advance Your Career"</b> Co-sponsored with Collegiate Women's Network

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*The Summit is open to Council women, alumnae, faculty, staff and students.*

*Feel free to drop in for one or more sessions. Come as you are!*

<b>Time &amp; Place</b>	<b>Program</b>
6 – 8 PM Hart Career Center <i>Doors open at 5:45 PM</i>	<b>She Speaks — IWU alumnae, students, faculty and staff &amp; their stories</b> <i>All are welcome — registration not required.</i>

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## SATURDAY, MARCH 3, 2018

<b>Time &amp; Place</b>	<b>Program</b>
9 – 9:30 AM Henning Room, Memorial Center	<b>Welcome and Continental Breakfast</b>
10:45 – 11:45 AM Davidson Room, Memorial Center	<b>"Being Resilient and Brave... But, Not Perfect"</b> If only I was perfect... or if only life didn't require you to bump along the road through hardships, loss, and disappointments. This session uses the wisdom of Sheryl Sandberg and Adam Grant, authors of the new book <i>Option B: Facing Adversity, Building Resilience, and Finding Joy</i> , to inform our conversation about finding strength in adversity and our work on developing our "resilience muscle." Using the stories of IWU women in all stages of life's journey, we will join together in exploring our strengths, how we develop compassion for ourselves and others, and how we find our way to a greater appreciation and deeper meaning in our lives even when we have to divert to a new path. College women, in particular, are often compelled to live perfect lives, but this conversation will encourage us all to try to be brave — but not perfect.
12:15 PM Young Main Lounge, Memorial Center	<b>Scholarship Award Luncheon</b>

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# COUNCIL FOR IWU WOMEN EXECUTIVE COMMITTEE

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**Jennifer Jones '94**, President (2016-2018)  
**Laine Twanow '04**, Incoming President (2018-2020)  
**Marilynn Graves '79**, President Elect  
**Alissa Miller '08**, Vice President of Engagement  
**Abby Sullivan '08**, Vice President of Engagement

**Linda Stone '85**, Vice President of Membership  
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**Kelly Benante '08**, Scholarship Chair  
**Molly Rollings '99**, Development Chair  
**Molly McLay '06**, She Speaks Chair

# COUNCIL FOR IWU WOMEN MEMBER DIRECTORY

---

**Deborah D. Adams, Ph.D. '79**  
MSW Program Director and Associate  
Professor  
University of Kansas  
Mission, KS  
(913) 219-4080  
ddadams@ku.edu  
Resident Assistant

**Dr. Gianina R. Baker '04**  
Assistant Director, National Institute  
for Learning Outcomes Assessment  
U of I at Urbana-Champaign  
Savoy, IL  
(217) 552-1105  
gianina.baker@gmail.com  
Track & Field, Cross Country, BSU  
President, SAAC Co-President,  
Residential Advisor, Student  
Ambassador (Tours), Fellowship of  
Christian Athletes

**Kimberly J. Bankston '96**  
Nurse Practitioner  
Bloomington Primary Care  
Normal, IL  
(309) 838-5072  
kimberly\_bankston@yahoo.com  
Alpha Gamma Delta

**Catherine N. Bayles '11**  
Director of Education & Community  
Programming  
Bookworm Gardens  
Sheboygan, WI  
(708) 703-0626  
catherine.bayles@gmail.com  
Collegiate Choir, London Study  
Abroad Program

**Kelly A. Benante '08**  
Quality Assurance Monitor,  
Northwestern Cancer Prevention  
Consortium  
Northwestern University, Robert H.  
Lurie Comprehensive Cancer Center  
Chicago, IL  
(708) 209-6979  
kelly.benante@gmail.com  
Student Senate

**Mary Bennett-Henrichs '89**  
President  
Integrity Technology Solutions  
Bloomington, IL  
(309) 846-3736  
mbennett@integrityts.com  
Kappa Kappa Gamma

**Emilee J. Bocker, M.D. '07**  
Resident  
U of I College of Medicine at Rockford  
Sublette, IL  
(815) 993-6295  
emilee.bocker@gmail.com

**Dr. Amy L. Boyles '08**  
Social Studies Teacher  
Streator Township H.S.  
Ottawa, IL  
(815) 481-0609  
amy.sipovic@gmail.com

**Michele Brady**  
Associate Vice President for  
Advancement  
Illinois Wesleyan University  
Bloomington, IL  
(309) 556-3861  
mbrady@iwu.edu

**Claudia W. Brogan '77**  
Instructional Designer  
Centers for Disease Control &  
Prevention  
Decatur, GA  
(404) 373-6109  
cwb713@comcast.net  
Resident Assistant

**Dr. Debbie R. Burt-Frazier '75**  
Instructor  
Central State University  
Dayton, OH  
(708) 288-6978  
debbiefrazier53@gmail.com

**Jaynanne C. Calaway-Habeck '99**  
Vice President, People Ops  
Panera Bread  
Godfrey, IL  
(618) 581-1203  
jaynanne\_calaway@hotmail.com

**Allecia A. Correll '00**  
Student Loan Coordinator  
Illinois Wesleyan University  
Normal, IL  
(309) 824-6895  
alleciacorrell@gmail.com

**Bianca N. Cotton '11**  
Relationship Manager  
United Way of Metropolitan Chicago  
Chicago, IL  
(773) 304-8347  
sprattbianca@gmail.com

**Laurie Diekhoff**  
Retired Associate Director of Career  
Center  
Illinois Wesleyan University  
Bloomington, IL  
(309) 826-2842  
diekhoff@iwu.edu

**Lisa M. Dieter, CFP '02**  
Founder and Wealth Advisor  
EmberHouse  
Chicago, IL  
(847) 668-6737  
lisadieter8@gmail.com  
Alpha Omicron Pi

**Kimberly B. Earl, C.P.A. '95**  
VP-Internal Audit  
New York & Company  
Brooklyn, NY  
(212) 884-2967  
kturner008@netscape.net  
Alpha Gamma Delta

**Laura G. Ehrhart '84**  
President  
Michelmann Steel Construction Co  
Quincy, IL  
(217) 242-9905  
lge@michelmann.us  
Kappa Kappa Gamma

**Kasey G. Evans '12**  
Admissions Counselor  
Illinois Wesleyan University  
Bloomington, IL  
(731) 445-1803  
kaseyevans12@gmail.com  
Kappa Delta

**Vanessa M. Frank '00**  
Senior Tax Manager  
Fitbit, Inc.  
Novato, CA  
(415) 298-3401  
Vfrank@fitbit.com

**Sara N. Froelich '01**  
Health Care Advocate  
The Kenney Group  
Denver, CO  
(303) 817-8025  
saranfroelich@gmail.com

**Kelly A. Fuller '06**  
Account Manager  
Creative Group, Inc.  
Palatine, IL  
(309) 235-4621  
kelly.goodpaster@gmail.com

**Marilynn W. Graves '79**  
Founder and Principal  
MJG Insights  
Palatine, IL  
(847) 485-7128  
mglearn@aol.com

**Darcy L. Greder**  
Assoc. Dean of Student Affairs  
Illinois Wesleyan University  
Bloomington, IL  
(309) 556-3541  
dgreder@iwu.edu

**Vernee Green '96**  
Program Manager  
Chicago Metropolitan 2020  
Berkeley, IL  
(773) 456-5571  
vrgreen07@hotmail.com

**Marsha A. Guenzler-Stevens,  
Ph.D. '78**  
Dir., Adele H. Stamp Student Union-  
Center for Campus Life  
University of Maryland at College Park  
Stevenson, MD  
(410) 486-2135  
mguenzle@umd.edu  
Alpha Omicron Pi

**Ann Harding**  
Retired Director of Alumni Relations  
Illinois Wesleyan University  
Normal, IL  
(309) 310-8535  
aharding@iwu.edu

**Lindsay M. Hawley '06**  
Attorney/Domestic Violence  
Domestic Violence Legal Clinic  
Rolling Meadows, IL  
(847) 772-1997  
lindsay.hawley@gmail.com

**Chelsey D. Hillyer '05**

Pastor  
Union United Methodist Church  
Jefferson City, MO  
(309) 310-6437  
cdhillyer@gmail.com

**Jen L. Hoffenkamp '08**

Auditor  
Northern Trust Company  
Arlington Heights, IL  
(630) 779-1423  
jlcarden912@gmail.com

**Michelle C. Huls-Rice '01**

Director of Communications, College  
of Engineering  
U of I at Urbana-Champaign  
Saint Joseph, IL  
(217) 390-5688  
michellehulsrice@gmail.com  
Alpha Gamma Delta

**Dawn M. Imel '91**

Executive Director  
Community Service Options/RIM  
East Moline, IL  
(309) 236-5201  
imeldawn@mchsi.com  
Kappa Delta

**Pamela L. Jacklin '66**

Attorney  
Stoel Rives LLP  
Portland, OR  
(503) 504-8456  
pam.jacklin@stoel.com

**Shelley G. Jameson '86**

Opera Singer  
Opera Music Theater Intl.  
Blauvelt, NY  
(845) 359-5866  
singerjam20@gmail.com

**Elly L. Jones '91**

Claim Consultant  
State Farm Insurance Companies  
Tempe, AZ  
(615) 542-3452  
ellyj583@gmail.com  
Kappa Delta

**Jennifer L. Jones '94**

Director of Global Sales  
Rosewood Hotel Group  
Boca Raton, FL  
(312) 402-7281  
jenniferleejones@gmail.com  
Alpha Gamma Delta

**Laura K. Jordan '96**

Partner/Attorney  
Thompson Coburn LLP  
Shiloh, IL  
(618) 589-9622  
ljordan@thompsoncoburn.com

**Loreene K. Jukovich '93**

Executive Assistant  
Northwestern University Alumni  
Association  
Northbrook, IL  
(847) 219-0134  
ljukovich@comcast.net  
Sigma Kappa

**Jennifer L. Knobloch '95**

Attorney  
Fedota Childers  
Chicago, IL  
(773) 697-4675  
jenniferknobloch@aol.com  
Alpha Gamma Delta

**Ashley S. Kohaus, M.D. '04**

General Pediatrician  
Bloomington Pediatrics  
Bloomington, IL  
(309) 826-4036  
ashsue44@aol.com

**Laura A. Kraynak '07**

Director of Market Sales  
State Farm Insurance Companies  
Courtyard by Marriott  
Bloomington, IL  
(708) 217-5052  
Lcurtis07@gmail.com  
Kappa Delta

**Julie E. Lee '07**

Accounting Director  
CNA Insurance Companies  
Naperville, IL  
(217) 242-4293  
julie\_croxton@hotmail.com

**Dr. Carole D. Liske '77**

Manager, Graduate Nursing Faculty  
Western Governors University  
Yorkville, IL  
(630) 327-3392  
carole.liske@wgu.edu  
Sigma Kappa

**DesaRae A. Ludolph '05**

Senior Loan Officer  
Mortgage Services III, LLC  
Morton, IL  
(309) 287-6773  
dludy25@gmail.com  
Sigma Kappa

**Stacey L. McClenathan '92**

Founder/CEO  
Bee Line Communications &  
ModusCSR  
Delavan, WI  
(847) 668-0900  
stacey@beecomunications.com

**Karin McDowell '00**

Prospect Development – Data  
Modeling & Analytics  
Illinois State University  
Bloomington, IL  
(309) 532-7766  
Kmmcdlw1@ilstu.edu

**Brianna M. McKelvey '07**

Research Specialist  
NC Department of Health and Human  
Services  
Raleigh, NC  
(815) 985-6104  
bwel1985@gmail.com

**Molly M. McLay '06**

Assistant Director, Women's  
Resources Center / Therapist (LCSW)  
University of Illinois at Urbana-  
Champaign / Elliott Counseling Group  
Champaign, IL  
(217) 416-0546  
mollymclay@gmail.com

**Leah A. Merrifield '78**

Assistant Vice Chancellor  
Washington University  
Saint Louis, MO  
(314) 995-7140  
lamerrifield@gmail.com

**Dr. Alissa S. Miller '08**

Adult Gerontology Nurse Practitioner  
(AGNP)  
Univ. of Chicago Medicine  
Chicago, IL  
(815) 245-8429  
alissasmiller@gmail.com  
Sigma Kappa

**Barbara J. Nathan '80**

Executive Director  
Westminster Village  
Bloomington, IL  
(309) 212-1071  
brbrnathan@gmail.com

**Marilyn A. Neis '71**

Owner  
Neis Insurance Agency, Inc.  
Crystal Lake, IL  
(815) 455-6324  
marilynneis@yahoo.com  
Alpha Omicron Pi

**Elizabeth Eberspacher Nohren,  
J.D. '98**

Managing Partner  
Dove & Dove  
Shelbyville, IL  
(217) 549-4533  
Inohren@doveanddove.com  
Kappa Kappa Gamma

**Adebola I. Olayinka '11**

Ph.D. Candidate, International  
Institutions, Globalization and  
Development  
Duke University  
Durham, NC  
(651) 815-3226  
theadebolayinka@gmail.com

**Jessica L. Olsen '08**

English Teacher/Basketball and Track  
Coach  
Chicago Bulls College Prep  
Chicago, IL  
(815) 218-6669  
Jessica.l.olsen@gmail.com

**Shannon T. O'Rourke Kasali '07**

Gender Advisor, Stabilization Unit  
United Nations Peacekeeping  
Mission – Democratic Republic of  
Congo  
Goma, DR Congo  
Shannon.T.O'Rourke@gmail.com  
Class Vice President, Student Senate  
Executive Board, Residential Life  
Staff (I-House RA), DRL, Ambassador  
Club, Alpha Phi Omega, John Wesley  
Powell Research Conference, Study  
Abroad – Switzerland

**Lisa Powell Williams '88**

Adult/Young Adult Services  
Coordinator; Pastor  
Moline Public Library; Union  
Congregational Church UCC  
Moline, IL  
(300)756-8818  
lisapowellwilliams@gmail.com  
Alpha Omicron Pi

**Adriane Powell**

Director of Alumni Relations  
Illinois Wesleyan University  
Bloomington, IL  
(309) 556-1355  
apowell@iwu.edu

**Stephie Predmore '11**

Director of Influencer Marketing  
Mediavine  
Bloomington, IL  
(309) 264-2281  
stephieswope@gmail.com

**Abigail M. Prescott '07**

Director of Communications  
Urban Gateways  
Chicago, IL  
(309) 531-1601  
abigail.m.prescott@gmail.com

**Erin J. Rahn Morris '01**

Business Lines Underwriting Section  
Manager  
State Farm Insurance Companies  
Bloomington, IL  
(309) 453-8511  
erinrahn@gmail.com  
Kappa Delta

**Laura C. Randolph, M.D. '92**

Plastic Surgeon  
Laura C. Randolph, M.D., S.C.  
Bloomington, IL  
(309) 827-8494  
l.c.randolph@att.net  
Kappa Kappa Gamma

**Justine D. Robinson '06**

Marketing Specialist  
CBL & Associates Properties, Inc.  
Saint Peters, MO  
(217) 891-3286  
justine.d.robinson@gmail.com  
Alpha Gamma Delta

**Molly M. Rollings '99**

Commercial Producer  
Dimond Bros. Insurance Agency  
Savoy, IL  
(217) 369-3684  
molly.rollings@dimondbros.com

**Mary Jane Rogers '86**

Managing Director, Head of Payments  
Communications  
JPMorgan Chase  
Westminster, CO  
(602) 332-1215  
maryjanerogers14@gmail.com  
Kappa Kappa Gamma  
Martina L. Scanlan 87  
VP – Senior Accounts  
Interiors & Sources Magazine  
Moraga, CA  
(925) 482-7252  
scans@pacbell.net  
Kappa Kappa Gamma

**Professor April Schultz**

Professor of History  
Illinois Wesleyan University  
Bloomington, IL  
(309) 556-3414  
aschultz@iwu.edu

**Jennifer L. Shaughnessy '98**

Regional Admissions Representative  
University of Missouri-Columbia  
Alpharetta, GA  
(309) 826-5278  
jshaughn@iwu.edu  
Kappa Delta

**Jessica L. Shull '03**

Marketing Project Manager  
State Farm Insurance Companies  
Bloomington, IL  
(309) 706-0683  
jessicalynnshull@yahoo.com

**Lindsay A. Sicks-Tuttle, O.D. '06**

Assistant Professor/Attending  
Optometrist  
Illinois College of Optometry  
Orland Park, IL  
(708) 826-6401  
lsicks@gmail.com

**Tara H. Snow '99**

Vice President, Corporate Accounting  
Hyatt Hotels Corporation  
Barrington, IL  
(773) 882-8272  
tarasnow15@gmail.com

**Linda A. Stone '85**

Director of Global Learning  
MetLife, Inc.  
Atlanta, GA  
(770) 639-4633  
lstone@metlife.com  
Alpha Gamma Delta

**Abigail E. Sullivan '08**

Manager of FP&A and Investor  
Relations  
Great Lakes Dredge & Dock Corp.  
Forest Park, IL  
(708) 899-1486  
Abigail.E.Sullivan@gmail.com

**Laine Twanow '04**

Projects Manager  
Chestnut Health Systems  
Bloomington, IL  
(815) 600-1309  
ltwanow@chestnut.org  
Cross Country, Track, Research  
Methods TA

**Dr. Patricia L. Wilson**

Illinois Wesleyan University  
Retired Educator  
Bloomington, IL  
(309) 838-8388  
plwilson4@yahoo.com

**Marianne C. Wolf-Astrauskas '76**

President  
National Federation of Press Women  
Orland Park, IL  
(312) 259-5467  
mwolfastro@aol.com  
Kappa Kappa Gamma

**Jill E. York '85**

Sr. VP & CFO  
MB Financial, Inc.  
Elmhurst, IL  
(630) 359-5399  
jyork@mbfinancial.com

**Cindy S. Zeglis, Ph.D. '73**

Clinical Psychologist  
Veteran's Research Hospital  
Kankakee, IL  
(815) 937-0677  
cindyzeglis@yahoo.com  
Alpha Omicron Pi



We are alumnae who give time, talent and resources to support the personal and professional development of the women of IWU... students, faculty, staff and each other.

***The Council for IWU Women*** is committed to strengthening the experiences of all those affiliated with Illinois Wesleyan. The Council exists to promote democratic citizenship and life in a global society, and it works to support the intellectual and personal growth of women while emphasizing the spirit of inquiry and inter-generational exchange among campus constituents. We do this by offering guidance and role models to the extended University community.

## CRITERIA FOR MEMBERSHIP

### ***Council Members will:***

- Exhibit willingness to open doors to opportunities for women students that may include such things as internships, graduate study, employment, and civic engagement.
- Mentor women and share their own stories by interfacing through both real-time and electronic communication.
- Model different life choices and present a rich tapestry of the diversity that is true of the Illinois Wesleyan community.
- Return to the campus at least once per year.
- Share their time, talent, and financial support in a manner consistent with their means, in addition to what they already give to the university at large. This goal ensures that the Council and its activities are self-sustaining in nature.

***To nominate yourself or other alumnae,*** contact Adriane Powell at [apowell@iwu.edu](mailto:apowell@iwu.edu) or go to [www.titanpride.org](http://www.titanpride.org).

ILLINOIS WESLEYAN  
UNIVERSITY