Living with Unstable Coronary Artery Disease

Marcie Tempel  
*Illinois Wesleyan University*

Kathryn Scherck, Faculty Advisor  
*Illinois Wesleyan University*

Follow this and additional works at: [https://digitalcommons.iwu.edu/jwprc](https://digitalcommons.iwu.edu/jwprc)

Tempel, Marcie and Scherck, Faculty Advisor, Kathryn, "Living with Unstable Coronary Artery Disease" (1996). *John Wesley Powell Student Research Conference*. 32.  
[https://digitalcommons.iwu.edu/jwprc/1996/posters/32](https://digitalcommons.iwu.edu/jwprc/1996/posters/32)

This is protected by copyright and/or related rights. It has been brought to you by Digital Commons @ IWU with permission from the rights-holder(s). You are free to use this material in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s) directly, unless additional rights are indicated by a Creative Commons license in the record and/ or on the work itself. This material has been accepted for inclusion by faculty at Illinois Wesleyan University. For more information, please contact digitalcommons@iwu.edu.  
©Copyright is owned by the author of this document.
Coronary artery disease (CAD) remains a leading cause of mortality and morbidity in the United States. CAD can be a long term, recurrent health problem placing a heavy burden on the afflicted individual. Although the mean age of individuals experiencing their first clinical symptoms of CAD is usually reported to be in the fifth or sixth decade of life, individuals may also experience symptoms of disease at an earlier age when actively engaged in career, family, and vigorous leisure activities. There is a sparsity of experiential information and nurses need to be sensitive to the psychosocial impact of this experience on daily living. This study proposes to examine the lived experience of one middle-aged man with unstable CAD using qualitative research methods.