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## Nurses' Attitudes, Knowledge, and Use of Nonpharmacological Pain Management Techniques and Therapies

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Oral Presentation O8.1

**NURSES' ATTITUDES, KNOWLEDGE, AND USE OF  
NONPHARMACOLOGICAL PAIN MANAGEMENT TECHNIQUES  
AND THERAPIES**

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Nonpharmacological pain management plays an integral role in the treatment of patient's pain, both in conjunction with pharmacological techniques and when used alone. Few studies exist that have examined this aspect of nursing care. There is a need for more research in this area. The purpose of this study is to randomly survey registered nurses at a local hospital to explore their attitudes, knowledge, and use of nonpharmacological pain management when caring for patients' in the hospital setting. Illinois Wesleyan University and the hospital have granted approval for this research. In order to participate, nurses will complete an informed consent, demographic questionnaire, and non-pharmacological methods questionnaire adapted from Tarja Polkki's instrument. The data will be analyzed using SPSS to find what factors such as age, unit of work, or years of practice might affect nurses use of nonpharmacological pain management. The data will also be analyzed to find out to what extent nurses use nonpharmacological therapies and which therapies they utilize.