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Media Advisory

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Sept. 19, 2001

Contact: Sherry Wallace, 309/556-3181

Media Advisory

Event: Presentation: Japanese Diet & Macrobiotics

Date: Tuesday, Sept. 25, 2001

Time: 7-8 p.m.

Location: Buck Memorial Library, Rm. 108, 201 E. University Ave., Bloomington

Admission: Free, open to the public

Program: Presented by Hiroko Furo, assistant professor of Japanese Studies at Illinois Wesleyan, the lecture will focus on the Japanese dietary culture and the concept of macrobiotics that includes general dietary and life-style guidelines. Macrobiotics is one of the alternative medicines based on the traditional Japanese diet.

The event is sponsored by the Modern and Classical Languages and Literature Department (MCLL) and the Asian Studies Program at Illinois Wesleyan.

Contact: For more information about the program, contact the Modern and Classical Languages and Literatures Department at 309/556-3044.