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## **The Effects of a Parent-Child Communication Activity on the Worries of Siblings of Children with Autism**

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Oral Presentation O3.2

**THE EFFECTS OF A PARENT-CHILD COMMUNICATION  
ACTIVITY ON THE WORRIES OF SIBLINGS OF CHILDREN WITH AUTISM**

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This study was designed to assess the effects of increasing autism-specific communication between siblings and parents of children with autism. Participants were 7-12 year-old siblings of children with autism and their parents. One group of parent-child pairs completed a workbook focused on autism-specific worries, while another group of parent-child pairs played board games together. The children in each group completed a questionnaire about their autism-related worries at the end of the activity. Results from past studies suggest that the workbook may help to decrease children's autism-related worries.