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"You Don't Win Friends with Salad": Dispelling the Myth of the Typical Vegetarian through the Analysis of the Lives of Five Young Women

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Poster Presentation PG

**“YOU DON’T WIN FRIENDS WITH SALAD”: DISPELLING THE MYTH
OF THE TYPICAL VEGETARIAN THROUGH THE ANALYSIS OF
THE LIVES OF FIVE YOUNG WOMEN**

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Who are vegetarians? Hippy chicks and health nuts? Try again. When asked what is the biggest issue she faces as a vegetarian, 20 year-old Allison answers “being misunderstood.” This is the story of five vegetarians, all college-aged women, all with various backgrounds and reasons for being vegetarian, and all misunderstood. This presentation’s aim is to break down the misconceptions of vegetarianism and provide insight into the true issues these young women face because of their personal decision to not eat meat.