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## Campus Reopens Tuesday; Classes Begin Wednesday

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# Campus Reopens Tuesday; Classes Begin Wednesday

#### Jan. 5, 2014

BLOOMINGTON III. — University offices reopened at 8 a.m. Tuesday, Jan. 7, and spring semester classes are to begin as scheduled Wednesday, Jan.8.

While campus parking lots and walkways should be cleared, due to the extreme cold, packed snow and ice will likely be present and result in slippery footing. The city's **snow parking ban** is in effect.

Returning students should know that faculty have been requested to be flexible this week, due to travel conditions throughout the state and elsewhere. Those students who miss the first day(s) of classes should contact their professors when they return. Also, students who have trouble starting autos left on campus over the break can contact Campus Security to borrow jumper cables.

### **Extreme Cold Precautions Advised**

With recent subzero temperatures as low as -20 degrees, diving to nearly -50 degrees with wind chill, frostbite can occur in 10 minutes or less.

According to the Mayo Clinic, frostbite typically affects smaller, more exposed areas of the body, such as your fingers, toes, nose, ears, cheeks and chin. Because of area numbness, you may not realize you have frostbite until someone else points it out. Signs and symptoms of frostbite include:

- A slightly painful, prickly or itching sensation
- Red, white, pale or grayish-yellow skin
- Hard or waxy-looking skin
- A cold or burning feeling
- Numbness
- Clumsiness due to joint and muscle stiffness
- Blistering, in severe cases

Following are tips for commuting and walking on campus. When traveling to and from campus make sure you have:

- Plenty of gas, in case your commute takes longer than expected or you have a breakdown and need to run the engine to stay warm
- A well charged cell phone or CB radio, in case you need roadside assistance
- Clothing that will keep you protected in case of a breakdown, e.g. warm coat, boots, gloves, hat, scarf and a blanket or sleeping bag.



• Do not leave carbonated beverages in your vehicle, where they might freeze and explode.

When walking on campus keep exposed skin to a minimum to avoid frostbite, by wearing:

- A warm coat and dressing in layers for extra protection
- A hat and scarf to cover your ears and nose
- Mittens or gloves
- Warm socks and water resistant boots or shoes

If you are not prepared for the extreme cold conditions, call the Dean of Students Office for advice at (309) 556-3111. If you feel you may have frostbite, contact Arnold Health Services at (309) 556-3107.