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Relationship Week

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Relationship Week

Feb. 7, 2014

BLOOMINGTON, Ill.— Promoting healthy relationships between students is the focus of “Relationship Week,” a series of discussions and workshops sponsored by Illinois Wesleyan’s Counseling and Consultation Services that will take place the week of Feb. 10 and conclude on Valentine’s Day, Feb. 14. The program is a part of the Dean of Students’ Office sexual assault prevention efforts on campus this year, and will be co-sponsored by Illinois Wesleyan’s volunteer group, Students Organizing Campus Awareness (SOCA). The events will include:

- Feb. 10-12: “I’ve Got a Crush on You!” Between the hours of 11 a.m. through 1 p.m. in the Dugout of the Memorial Center (104 E. University Ave., Bloomington), students can purchase an Orange Crush soda for \$1.00 that will be sent to their “crush” on Valentine’s Day with an anonymous note attached. All proceeds will go towards Stepping Stones, a sexual assault program for the Bloomington branch of the YWCA, one of the oldest and largest women’s organizations in the nation.
- Feb. 11: “Bystander Intervention Training,” from 12 to 1:30 p.m. in the Hansen Student Center (300 Beecher St., Bloomington) in room 200. Students will develop ways to increase awareness of sexual assault by learning how to recognize warning behaviors and how to intervene safely and effectively. There will be free pizza and giveaways.
- Feb. 12: “Communication Skills Workshop” from 4 to 5 p.m. in the Center for Natural Science Learning and Research (201 Beecher St., Bloomington), in the Anderson Auditorium, C101. During this workshop different styles of communication and talking and listening skills will be discussed. Students will learn how to improve their relationships so they can connect with others in a clearer and more constructive manner.
- Feb. 13: “The Five Love Languages Workshop” from 7 to 8 p.m. in the Hansen Student Center. Students will learn how to improve their relationships by understanding that people perceive and experience love in different ways.

For additional information about the program, contact Counseling and Consultation Services at (309) 556-3052.

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