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# Eckhardt Receives Emerging Nurse Leader Award

Sept. 23, 2016

BLOOMINGTON, Ill.— Illinois Wesleyan University Assistant Professor of [Nursing](#) Ann Eckhardt has been selected as a recipient of the 40 Under 40 Emerging Nurse Leaders Award. Sponsored by the Illinois Nurses Foundation, the award honors 40 Illinois nurses under the age of 40 on the basis of their achievements in the profession, leadership and community and association involvement.

Eckhardt is a graduate of Illinois Wesleyan with a Bachelor of Science in Nursing. She earned a Ph.D. in 2012 from the University of Illinois at Chicago (UIC). Her dissertation research on fatigue as a symptom of coronary heart disease was funded by Sigma Theta Tau International and the Midwest Nursing Research Society. She has also published several journal articles on coronary artery bypass surgery and heart disease symptomatology.

Prior to joining the faculty at Illinois Wesleyan, Eckhardt served as a teaching assistant at UIC. She continues to work at Carle Foundation Hospital where she began her nursing career in 2003. Eckhardt is a member of Sigma Theta Tau International, Midwest Nursing Research Society, Phi Kappa Phi honor society, Council for the Advancement of Nursing Science, American Association of Critical Care Nurses and the American Heart Association.

This is the second year the Illinois Nurses Foundation has sponsored the 40 Under 40 Emerging Nurse Leaders Award. Illinois Wesleyan Assistant Professor of Nursing Amanda Hopkins was honored with the award last year.



Ann Eckhardt

