



Fall 10-20-2016

## Renovations Enhance Space for Health, Counseling Services

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### **Recommended Citation**

Kakares, Vi, "Renovations Enhance Space for Health, Counseling Services" (2016). *News and Events*. 2945.

<https://digitalcommons.iwu.edu/news/2945>

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# Renovations Enhance Space for Health, Counseling Services

Oct. 20, 2016

BLOOMINGTON, Ill.—Recent renovations of the ground level of Magill Hall have resulted in enhanced services in both [Counseling and Consultation Services](#) and [Arnold Health Services](#).

Several factors contributed to the renovations, according to Assistant Dean and Director of Counseling Services Annorah Moorman. Two former office positions were combined into one office manager position. A reconfiguration of space in Counseling Services now allows all clinicians to be together in one building, Moorman said, and provides more seating in the waiting room for counseling clients. The new configuration provides a better flow for client visits and also maintains client privacy, she said.

Student clients seeking services initially check in with Office Coordinator David Kistner. Moorman emphasized that Counseling Services and Health Services are separate offices with separate health records. Counselors do not have access to student health records, nor do providers in Health Services have access to student mental health records. “Confidentiality and privacy are upheld as much as they were before, when we had two separate areas for check-in,” said Moorman. “We remain two separate offices although we share some physical space and a check-in area.”



Office Coordinator David Kistner assists Emani Johnson '18 in the newly renovated check-in area shared by Arnold Health Services and Counseling and Consultation Services.



(From left) Resident Advisors Giana Biddle '18, Dean Khrisat '19 and Donald Brown '17 show off the additional seating in the new waiting area for Counseling and Consultation Services clients.

students. A Certified Nurse Practitioner who can diagnose and treat common illnesses and minor injuries is on staff at the Health Center. Health care providers can also prescribe or manage medication therapy and make referrals to specialists. Arnold Health Services had over 2,400 student contacts in the 2015-2016 academic year, and is available to all students at no charge, regardless of insurance.

Counseling and Consultation Services provides a variety of mental health services to promote student personal growth and well being at Illinois Wesleyan. Counseling is provided by licensed psychologists, counselors, and social workers and is free and confidential for all students. Counseling and Consultation Services has a variety of outreach and prevention programs for the campus community, covering topics such as stress management, sexual assault prevention, and alcohol education. Fifteen percent of enrolled Illinois Wesleyan students were seen in individual or group therapy appointments during the 2015-2016 academic year, the most recent statistics available. Crisis appointments and emergency intakes increased by 10 percent during the same time period.

“The professionalism we provide to our students is finally reflected in our physical space,” said Moorman.

This is the first year that Health Services is utilizing state-of-the-art electronic records. Health Services provides quality, accessible, comprehensive and cost effective health care for

By Vi Kakares '20

