



Fall 11-27-2007

## Discovering a New You

Renee Scherer  
*Illinois Wesleyan University*

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### **Recommended Citation**

Scherer, Renee, "Discovering a New You" (2007). *News and Events*. 3100.  
<https://digitalcommons.iwu.edu/news/3100>

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BLOOMINGTON, Ill. – With the flurry of research projects, final essays and exams looming before both students and faculty, Student Senate is offering a chance for temporary respite with the health awareness week “Discovering a New You.” Beginning Monday, Nov. 26 and concluding Monday, Dec. 3 with a keynote address by famed psychosexual therapist Dr. Ruth Westheimer at 8:00 p.m. in the Hansen Student Center, the weeklong series promises the campus a wide range of activities to promote awareness of personal health and social responsibility.

In addition to the keynote address, all members of the campus community are welcome to attend activities that include a night of free manicures and pedicures and a seminar on winterizing cars. “Discovering a New You” arose as an attempt to broaden the health topics encompassed by the AIDS awareness week that had been traditionally planned and sponsored by Student Senate. The program maintains its strong connection to its roots in AIDS awareness through activities such as the sale of AIDS awareness ribbons. This year will also feature a panel on AIDS education and prevention, and Titan TV will show the acclaimed film *Philadelphia*, which follows the life of a man with AIDS after he is fired by a conservative law firm because of his condition.

“Discovering a New You” is co-sponsored by the Student Senate Charity and Welfare Committee, IWU Student Fitness, IWU Pride Alliance, the Feminist Majority Leadership Alliance (FMLA), and the Division of Student Affairs.

The full schedule for the week is as follows:

**Tuesday, Nov. 27:**

• 8:00 p.m. *Does HIV Look Like Me? Hope's Voice AIDS Awareness Panel*, Hansen Student Center (300 Beecher St., Bloomington). Hope's Voice is a national HIV and AIDS organization that promotes AIDS and HIV education and prevention among young adults. The organization uses open dialogue and peer-to-peer education to send the crucial message that HIV and AIDS do not discriminate. Three speakers will lecture and host a question and answer session addressing their experiences as young adults with HIV or AIDS.

**Wednesday, Nov. 28:**

• *Love Your Body Day—All day*, Memorial Center (104 University St., Bloomington). Sponsored by the Feminist Majority Leadership Alliance, this event invites all to stop by the information tables by the Sodexo steps in Memorial Center during meal times to “celebrate your favorite body part” and learn more about personal health.

**Thursday, Nov. 29:**

• 7:00 p.m. *Winter Car Clinic*, Hansen Student Center (300 Beecher St., Bloomington). This free clinic, sponsored by the Division of Student Affairs, will offer advice on how to winterize your car, change a tire, detail easy car maintenance, and will give tips for driving in winter weather. Prizes from local auto merchants will be awarded to drivers and their vehicles.

**Friday, Nov. 30:**

• *A Day Without Art*. An annual observance intended to highlight the global effects of the AIDS pandemic, A Day Without Art will involve a campuswide, day-long demonstration sponsored by the art honor society Kappa Pi.

• 8:00-11:00 p.m. *Transvestite Debutante Ball*, Main Lounge, Memorial Center (104 University St., Bloomington). An alternative dance giving students the chance to celebrate queer culture, engage in wholesome family drag, and confront transphobia and gender dichotomy, this event invites all to come dressed as any gender (be it his own or another's), drag or not. All proceeds will go to the McLean County AIDS Taskforce. Questions should be directed to the Illinois Wesleyan University Pride Alliance at [pride@iwu.edu](mailto:pride@iwu.edu).

**Monday, Dec. 3:**

• 8:00 p.m. *Keynote Speaker Dr. Ruth Westheimer*, “An Evening with Dr. Ruth,” Hansen Student Center (300 Beecher St., Bloomington). A fixture of popular culture since the 1980s, Dr. Ruth's open and frank discussions about sex were popularized in her radio program *Sexually Speaking*. She is a pioneer in the field of psychosexual therapy and has worked to remove the stigma from subjects like the link between sex and media, women's health issues, condom use, and relationships.

**All Week**

• *Sponsor an AIDS Ribbon*, at the Sodexo steps, Memorial Center (104 University St., Bloomington). AIDS awareness ribbons will be sold for \$1 during mealtimes throughout the week. All proceeds will be donated to Partners in Health, the organization co-founded by the innovative physician Paul Farmer and discussed within Tracy Kidder's *Mountains Beyond Mountains*, which was the selection for this year's Summer Reading Program. The ribbons will be displayed in the Memorial Center.

• *Philadelphia*, on Titan TV Channel 4. This acclaimed film featuring Tom Hanks and Denzel Washington will be playing at noon during the last two weeks of November on the campus television service Titan TV.

For additional information, please contact Student Senate's Student Welfare and Human Relations Commissioner Andrea Ambrosia at (309) 556-1371 or by email ([aambrosi@iwu.edu](mailto:aambrosi@iwu.edu)).