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Illinois Wesleyan University

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NEWS RELEASE

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November 7, 1994 Co

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FOR IMMEDIATE RELEASE

BLOOMINGTON, Ill.-- The folk trio, *Freyda & Acoustic AttaTude*, will perform at Illinois Wesleyan University's *Blue Moon Coffeehouse* on Saturday, Nov. 12, at 8 p.m. in the Main Lounge of the Memorial Student Center. Admission is free and open to the public.

Freyda Epstein began her professional career in the Boston music scene playing with *The City Ladies Country Quartet*. In 1979, she joined the band *Trapezoid*, and performed extensively throughout the United States, Canada and Japan, and on radio and TV shows including *Voice of America, A Prairie Home Companion* and *The Canadian Broadcasting Corporation*. In 1988, Epstein left *Trapezoid* to teach private voice and violin lessons from her home in Charlottesville, Va. In March, 1990, she completed a three-year training program and was certified by the Society of Teachers of the Alexander Technique, London, England, and the North American Society of Teachers of the Alexander Technique, to become a teacher of the Alexander Technique---a method of tension relief in the body and life. In the summer of 1991, Epstein joined with Ralph Gordon and Bob Vasile to form *Freyda and the Attaboys* (the group's name was later changed).

Gordon (contrabass) is a classically trained musician educated at West Virginia University and the Manhattan School of Music. He spent eight years with the group *Trapezoid*, contributing to the band's innovative acoustic

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sound. Gordon is a versatile musician, performing blues to bluegrass to new acoustic and jazz, or from chamber settings to playing band picks. In addition to performing with *Acoustic AttaTude*, Gordon also works in the Washington metropolitan area as a freelance artist and session musician.

Vasile (guitar, cittern, vocals) has his roots in British Isle music, but also branches out to embrace many other genres and styles. He was a founding member of the North Carolina based duo, *The Pratie Heads*. Under his artistic direction, the band received a grant from the NEA and the North Carolina Arts Council to produce a recording of Colonial American music, entitled, *Heritage*, one of four releases by *The Pratie Heads*. In addition to his instrumental work, Vasile is a composer and leads performance workshops with one-on-one performance consultations.

According to Art Menius of *The Independent Weekly*, "The ensemble creates a complex web of sound from the simple fabric of three instrumentalists and two vocalists. Their arrangements work from a basic melody and chord structure, but provide wide creative range for their musical personalities to find full expression. The singing and playing--highly improvised both live and on CD--and the arrangements, all serve to make music that transcends the contributions of the individual artists."

The *Blue Moon Coffeehouse* brings to the Illinois Wesleyan University community entertainment presented in a coffeehouse setting. All *Blue Moon Coffeehouse* events are held in the Main Lounge of the Memorial Student Center and feature flavored coffees, herbal teas and light pastries (for nominal cost), along with a varied program of acoustic performances that span traditional to contemporary folk music, with some reggae and salsa for spice.

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